



Lifetime Learners Institute

Spring 2016 Catalog

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CLASSROOM STANDARDS

Punctuality – Students are expected to be in their seats before the facilitator begins class and prior to its resumption after the break. In the event a student is late to class, he or she should go quietly to the nearest empty seat. Conversely, a student who must leave early should leave unobtrusively and quietly close the door.

Deportment – Lifetime Learners prides itself on the broad spectrum of views its facilitators explore. Members may not agree with some of the views expressed, and discussion of our differences is both healthy and encouraged. Nonetheless, we must disagree agreeably. Inappropriate language, raised voices and *ad hominem* arguments will not be tolerated.

Cell phones – Cell phones must be turned off for the duration of each class. In the *rare* event a member is expecting a very important call, the phone should be set to vibrate and the call taken outside the classroom.

Food and beverages - While beverages are permitted, food is prohibited. Eating in the classroom is disturbing to other students and detracts from a positive learning environment.

WHO WE ARE

Lifetime Learners Institute at NCC is a community of working and retired adults over 50 who have a desire to learn and have a broad range of lifetime experiences to share. Our members come from all over Fairfield County and surrounding areas.

We believe that growth through continuing education is the secret of staying perpetually young. The courses we offer meet for four to eight week sessions in a wide range of subjects such as art, science, music, history, nature, humanities and movies. They are conducted in an informal and noncompetitive environment in which members are encouraged to learn and participate. In addition, we offer additional learning experiences with our free Lunch and Learn lectures given every Friday during each term.

With the exception of the course facilitators, LLI is an all-volunteer organization with the assistance of an office manager. The administration, planning, scheduling, organizing of courses and programs, writing, publishing and mailing of catalogs and newsletters, maintenance of records, financial control and public relations are all performed by volunteer members under the direction of an elected Board.

CATALOG CONTRIBUTORS

CATALOG

Gil Herman, Chair
David Amerling
Marsha Darmory
Richard Di Vecchio
Katherine Golomb
Leslie Kerr
Lou Naturman

CURRICULUM

Richard Di Vecchio, Chair
Morgan Corrigan
Charles Lamb
Gary Lishnoff
Dan Loch
Ralph Loomis
Harriet Malbin
Leah Tillman
Roger Cohn
Sandi Sacks
Victoria Phair

SPECIAL EVENTS

Ed Delyonas, Co-Chair
Norman Glover, Co-Chair
André Guilbert
Grace Hanford
Gil Herman
Harriet Malbin
Mary Nadig
Victoria Phair
Virginia Toms

COVER ILLUSTRATOR

Bela Szabo

BOARD OF DIRECTORS

Ralph Loomis, President
Sandi Sacks, Secretary
Roger Cohn
Charles Lamb

Charlotte Cooper, 1st Vice Pres.
Ann Bello, Treasurer
Richard Di Vecchio
Leah Tillman

Morgan Corrigan, 2nd Vice Pres.
Leon Breault
Jacqueline Labatt-Simon

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Message from the NCC President

Dear Lifetime Learners,

Welcome to Norwalk Community College and the Lifetime Learners Institute. There is much to discover this semester, with nearly 40 courses offerings taught by outstanding facilitators.

Norwalk Community College has been welcoming Lifetime Learners since 1992, and I am proud that our chapter is among the largest of over 200 Lifelong Learning Institutes in North America. Students aged 50 and older will find a wide range of topics here to enrich their lives including literature, history, science, the arts, politics and current affairs, travel, social media and much more. As you peruse this spring catalog, you will see that there is truly something for everyone.

I hope you will take advantage of all that we have to offer on campus. Our state-of-the-art Pitney Bowes Foundation Wellness Center and the Everett I.L. Baker Library are here for your use. There are also many free lectures, film screenings and live performances held throughout the year.

Enjoy a rewarding experience in the Lifetime Learners Institute!

Sincerely,



David L. Levinson, Ph.D.
President of Norwalk Community College

Message from the LLI President

Dear Lifetime Learners,

I welcome you to Lifetime Learners Institute's (LLI) 2016 Spring Session of courses.

Inside this catalog you'll find learning treasures of all kinds; surely, one if not more will suit your fancy. For example, among the courses offered this spring are a wide variety of new and updated courses covering a wide diversity of subjects from art to science and music to history.

It is important to recognize LLI's dedicated committees and volunteers who have selected instructors and chosen courses with great care. Surely, it is also important to acknowledge Norwalk Community College (NCC), a school that has been recognized for its educational leadership throughout our state. Both on campus and in adjacent communities NCC is making a difference. Indeed, without NCC's generosity of support LLI could not exist. So go through this catalog, select the course(s) that appeal to you, then sign up!

I hope to meet you in the halls of NCC sometime this spring.

All the best,



Ralph Loomis
President, Lifetime Learners Institute

COURSE DESCRIPTIONS – SPRING 2016



America, 1900-1950: “A Sleeping Giant!”

New! America was attracting many of the best and brightest who yearned for a better existence and whose focus was clearly upon the future, not the past. Whatever evaluative tools one uses, economic growth, population expansion figures, natural resource availability or political representation of the citizenry, America was emerging as a premier world power, even if we were reluctant to embrace that role. Although we did have some serious unresolved issues, old empires in the rest of the world were collapsing, monarchs were being overthrown and colonial subjects were in rebellion against their imperialist overlords.

Stephen Balser, in addition to his degrees, has completed course work at Syracuse University, Williams College, Wesleyan University, John Hopkins University and Trinity College at Cambridge University in the UK. His teaching experience spans 48 years.

4 sessions

American Empire: Grand Republic to Corporate State, Part 1



Revised! We trace the evolution of the United States, from its colonial roots to the lofty status of global power by 1919. This captivating transformation is captured in a variety of ways beginning with the quest for land prior to and following the American Revolution up to the Spanish American War in 1898. Manifest Destiny, the real American pastime, began as an agenda of Continental expansion to become a program of globalism. Other facets of the burgeoning Corporate State are explored: the demise of the Citizen-Soldier concept; the rise of Big Business; control of the nation's money; the scourge of slavery; the Confederacy as a revolution; the concept of American government – republic or democracy; the growing industrialization of the Grand Republic versus the “working class.”

Mark Albertson is the historical research editor at Army Aviation magazine. He is an avid speaker who travels throughout Connecticut lecturing on a variety of historical topics and current events. He has authored several books, including *On History: A Treatise*.

8 sessions

American Political Thought, Part II



Continued! This course provides a fundamental understanding of the theoretical foundations underlying the development of American political institutions. Part II continues our historical journey to include the Transcendentalists (Emerson, Thoreau), the Utopian Socialists (New Harmony, Oneida Community, Brook Farm), the Social Darwinists (William Graham Sumner, Andrew Carnegie, John D. Rockefeller), the Critics of Capitalism (Henry George, Edward Bellamy, Eugene V. Debs), the Imperialists and Anti-Imperialists (Frederick Jackson Turner, Rev. Josiah Strong, Alfred Thayer, Mahan vs. Mark Twain and the Anti-Imperialist League) and the Populist and Progressive Movements (with selected reformers and “Muckrakers”).

Elliot Kalner earned a BA from the University of Connecticut and an MA from the University of Wisconsin. He has done graduate work at Georgetown University and Boston College and holds a 6th year degree from Columbia University in Public Law and Government. He teaches American history at Norwalk Community College and taught political science at Southern Connecticut State University.

8 sessions

America's Presidents: 20th Century

New! An intimate and compelling look at the men who have defined and re-defined the modern Presidency and led the country through some of the most turbulent and consequential moments in our history. We focus on both their public and private lives. Using all new award winning videos, PowerPoint slides and handouts, we explore their history and discover what to expect from the person to be elected president of the US in 2016. We examine Teddy Roosevelt, Wilson, FDR, Truman, Eisenhower, Kennedy, LBJ, Nixon, Carter, Reagan, Bush and Clinton.



COURSE DESCRIPTIONS – SPRING 2016

Gary Lishnoff is a past president of LLI and has facilitated a number of history and culture classes including *American Jewish Identity*; *JFK: A Look Back*; *Lincoln*; *New York: America's Greatest City*; *The Sixties*; *Jewish Americans*; and *History of New York*.

8 sessions

Antietam to Appomattox: Civil War Battles

New! We discuss the great battles of the Civil War: Antietam, Shiloh, Chancellorsville, Gettysburg, the Wilderness and Sherman's March to the Sea. Each session combines a lecture, discussion and the viewing of a film on the battle in question.

Paul Gettler earned degrees from NYU and CUNY. His areas of interest include political films, the Civil War and World War II. He has taught in a number of continuing education and adult education programs.

6 sessions

Armchair Travelers

Another Adventure! Join Milt and Marion as they revisit Cuba. Then onto South Africa, Mozambique and Namibia and then by train to Johannesburg. We sail the Black Sea to Istanbul. There we visit the wonderful tourist attractions, including those off the beaten track. Lastly, we tour parts of southern Europe.



Milt and Marion Drexler have been on all seven continents and sailed more than the seven seas of ancient times. There are always exciting and different things to see, along with the thrill of adding new destinations to their list.

5 sessions

Big Ideas, Little Words: Personal Ethics through the Eyes of Benjamin Franklin, Confucius and the Rabbis of *The Ethic of the Fathers*

New! Can you explain your ideas of personal ethics in twenty-five words or less? What do people who lived in the 6th century and in the 18th century have to say about

the proper way to live their lives? Come explore where YOU stand on the morality of right and wrong. Lively discussion and arguing your point are welcome.

Dr. Elissa Kaplan is the founder and director of Growing Projects, an educational consulting company, whose vision is leadership through critical thinking and compassionate choices. She earned two MA degrees in Comparative Literature and Language Arts as well as an Ed.D in Educational Leadership from George Washington University (DC). Over a seventeen-year period, she has served as Director of Education at four synagogues in Maryland and Connecticut.

6 sessions

Countdown 2016

Timely! In less than a year, the next president of the United States will be elected. During the period, the identity of that person will become clear. That is because in 20 key states, including Texas, North Carolina, Florida and Connecticut primaries will be held. By the end of the primaries, candidates from both major parties should emerge. Will Trump stay on top? Will Hillary maintain her lead with Democrats? Who will be the Vice Presidential candidates? All these questions and more are answered as the class learns about the latest polls, key debating contests, potential battleground states and most of all who is likely to be our next President. Join us for debate and discussion, all occurring during one of the most exciting segments of the 2016 presidential campaign.



Ralph Loomis has studied political science, earning degrees from the University of Connecticut, Trinity College and Wesleyan University. He has held positions at the federal, state and local levels of government.

8 sessions

Current Affairs

Ongoing! Framed by the week's trending news, this course relies on rigorous yet respectful debate to enhance our understanding of divergent viewpoints in the reporting of current events. Discussions address politics, sex, religion and their effects on contemporary

See Course Schedule, pages 10-11

COURSE DESCRIPTIONS – SPRING 2016

culture – issues that give life depth and meaning. We focus on developing critical reasoning skills by examining the pre-conceived biases that affect our personal objectivity.

Art Gottlieb is a local historian on subjects of political and military history. He was formerly a Curator of Naval History and Technical Director of Exhibits at the Intrepid Sea, Air and Space Museum in NYC, where he worked extensively to create displays which accurately illustrate the history of 20th century warfare.

8 sessions

Drawing Flowers

New! This course focuses on a different flower each week, looking closely at the parts and discovering what characteristics make it different. We draw the flowers in pencil with emphasis on accuracy and form. The facilitator supplies flowers and gives a short lecture on botany, examining the details of the flower closely using microscopes. We learn how to create form by shading using a single light source. Come and create a flower portfolio!



Dick Rauh is a botanical artist and teacher living in Westport. His work appears in many public and private collections throughout the country. He has exhibited widely, most recently with solo shows at the Brooklyn Botanical Garden and the Wilton Library.

4 sessions

Exploring Mixed Media

Diversified Art! This course is designed for exploration and expansion of your knowledge and skills and is suitable for all levels of experience. Activities include:

- + working with monochromatic media (newspapers, magazines, corrugated cardboard)
- + layering texture and color, using stencils and overlays
- + layering images from magazines and photographs
- + working with grids
- + creating a substrate to draw on

Louise Flax taught art and philosophy in public schools for 38 years. Now she is enjoying retirement and teaching classes at LLI.

8 sessions

Evolution of the Universe: From Nothing to Everything

New! The universe started with the Big Bang. But how did it start from nothing? As armchair scientists, we explore the wonder and mystery of the beginning and how the universe evolved from subatomic particles to atoms of hydrogen, to stars and galaxies and to planets with life forms. Come and find out how you are related to stardust and what a brief moment in time humans have been on planet Earth.



Ken Lyon originated the first public high school forensics course in Connecticut which rapidly became one of the most popular electives at Greenwich High School. A science teacher for over 40 years both at the secondary and college levels, he has shared his love of geology, human biology, forensics and athletics with many generations. Ken is a graduate of Pfeiffer College and Southern Connecticut State and former adjunct lecturer at NCC.

8 sessions

Filthy Lucre

New! An easy question to answer is, "How much money do you have?" A far more difficult question is, "What is money?" Is it, as the Bible tells us, the root of all evil, or is it the lubricant of economic growth that leads to a broadly shared prosperity? In this course we examine the history of money and banking from their simple Mediterranean origins to their contemporary complexity, from Babylon to bitcoin.



Michael Mugnolo is an insufferable blowhard who never lets his ignorance or prejudice prevent him from pontificating on all manner of subjects.

6 sessions



Genealogy and Computers: Beginner

Dig Again! This course is designed for computer and genealogy novices who have some knowledge experience with personal computers and/or the Mac. We will be using Norwalk Community College's PCs. Throughout the course there are instructions on computer basics as well as the fundamentals of genealogy.

8 sessions

Genealogy and Computers: Intermediate

New! Students in this course should be computer literate and comfortable using a PC and Windows. Mac users can follow instructions on a PC and adapt them for Macs. Students should be familiar with genealogical research.

8 sessions

Both courses begin with a discussion of students' genealogy objectives; subsequent classes will be customized to meet group interests. There are thousands of resources available online for genealogical research, but where does one start? We explore sources for census taking, marriage, birth, death, immigration, naturalization, military records, city directories and newspapers. Students learn the best methods for finding, analyzing and organizing documents; the advantages and disadvantages of creating family trees online; and other means for organizing finds for posterity. Optional homework is provided for those who want to dig deeper.

Each course is limited to 12 students to allow for individual attention. Students will be able to switch from one level to the other if they feel they made the wrong choice initially.

Janeen Bjork has combined 30 years of experience as a television researcher and presenter with her love of genealogy, and enjoys teaching others how to find and share their family histories.

Great American Songs and Stories



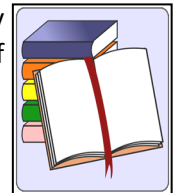
Return Engagement! Dr. Joe continues the musical journey of the Great American Songbook through the early 1940's. He shares his extensive knowledge of behind the scenes stories about the composers and lyricists and their music, including Irving Berlin, Jerome Kern, Johnny Mercer, Hoagy Carmichael, Cole Porter and others. Dr. Joe discusses the clever lyrics of each song and treats us to his musical creativity by playing these melodies for us on the piano.

Joe Utterback received his MA in Piano Performance from Wichita State University and his Doctor of Musical Arts from the University of Kansas. He has a total of 400 published jazz and classical compositions. He has been Music Director and Organist of the First Congregational Church of Stratford for the past 19 years and has been teaching music for 21 years at Sacred Heart University. He has taught more than 20 courses at LLI and continues to perform throughout the US and around the world.

4 sessions

I Love to Read

Always New! Join six LLI members as they lead interesting and lively discussions of contemporary titles and old classics.



March 14 -- *Magna Carta* by Dan Jones.
Facilitator Michael Mugnolo

Over eight hundred years ago on a meadow by the River Thames, an incompetent despotic monarch met with his nobles to make a number of concessions in an attempt to save both his crown and the head it wobbled on. Within months, the king reneged on his obligations and England descended into a bloody civil war. Nonetheless, their agreement, now known as The Magna Carta, survives as what Winston Churchill termed "the foundation of principles and systems of government of which neither King John or his nobles dreamed".

COURSE DESCRIPTIONS – SPRING 2016

March 21 -- *Euphoria* by Lily King. Facilitator Heather Hopkins

A fictional work inspired by the lives of three young anthropologists - Margaret Mead, Reo Fortune and Gregory Bateson - and the time they spent together in the early 1930s on the Sepik River of what was then known as the Territory of New Guinea. The novel takes us into the native lives and customs they encountered and the world of academic rivalry, while at the same time revealing the love triangle that changed everything for them.

March 28 -- *Lost Horizon* by James Hilton. Facilitator Mark Albertson

Reviewer Harold G. Martin once labeled this book a romance, not in the sense of a standard love story but rather the romance or affinity for an ideal world-- a Utopia? Conway, a lifelong British Colonial functionary, finds in Shangri-La an escape from what he considers overrated virtues of duty and self-denial. As opposed to his younger companion, Mallinson, who sees only revulsion with the promise of Shangri-La --a society of the most sordid variety peopled by those who are at best inferior. Does Conway understand the changing nature of the world around him?

April 4 -- *Born to Run* by Christopher McDougall. Facilitator Richard Auwarter

The author, a marathon runner, sets out to discover the secrets of the blissful Tarahumara Indians isolated by Mexico's deadly Copper Canyon. He has the ability to run hundreds of miles without rest or injury. From science labs at Harvard to the sun-baked valleys and freezing peaks across North America, numbers of ultra-marathoners are pushing their bodies to the limit. Finally, a climatic race in the Copper Canyon that pits America's best ultra-runners against the tribe.

April 11 -- *Effi Briest* by Theodor Fontane. Facilitator Miwako Ogasawara

This novel, loosely based upon a real scandal, is regarded as Theodor Fontane's masterpiece. Seventeen year old Effi, a daughter of an aristocratic family, is married off to an ambitious career officer old enough to be her father. Left neglected in her father's new post in a northern city, Effi falls into the trap of a dashing womanizer. Their affair leads to a tragic consequence years later. Along with *Madam Bovary* and *Anna*

Karenina, Effi Briest forms a trilogy of the 19th century adultery novels.

April 18 -- *Things Fall Apart* by Chinua Achebe. Facilitator Morgan Corrigan

First published in 1958, the book eschews the temptation of depicting pre-colonial life as a kind of Eden and is a relentlessly unsentimental rendering of Nigerian tribal life before and after the coming of colonialism. His Ibo protagonist, Okonkwo, is a self-made man who has worked all his life to overcome his father's weakness and has achieved, finally, a great prosperity and even greater reputation among his fellows in the village of Umuofia. Okonkwo is a champion wrestler, a prosperous farmer and also husband to three wives and father to several children.

Harriet Malbin has coordinated LLI book discussions for many years. She is an avid reader who enjoys all kinds of books. Harriet likes to quote Mark Twain "if books are not good company where will I find it?"

6 sessions

Introduction to Pastels

Soft Art! Students discover the beautiful art of pastels. This is not mere chalk, but a beautiful, exciting and versatile medium of pure pigment in every color imaginable. Students explore the various types of



pastels, surfaces, application methods and under-painting techniques. An introduction to design, composition, color and values are given through hands-on demonstrations and observation. Experience in painting or an artistic background is not required – just a willingness to experiment, explore and be creative.

Christa Forrest has been painting with pastels and oils for the past eight years. A member of the Connecticut Pastel Society, she trained with many of the most prized pastelists in the area. Christa recently decided to leave her 20-year career in finance to pursue her true passion as a full time artist and share this passion with others through teaching.

6 sessions

Iraq: A History

Iraq

Back Again! Iraq, as a modern nation among the family of nations, turned 83 on October 3, 2015. On October 3, 1932, the British Mandate ran out and Iraq joined the League of Nations. Iraq was hardly sovereign, being under the sway of Britain until the 1958 Revolution. This tortured nation was the product of the colonial aspirations of the British and French, imperialists seeking to expand their empires in the Middle East in expectation of the collapse of the Ottoman Empire. Such agendas of aggrandizement came at the expense of the indigenous peoples living in the Middle East. We trace the evolution of one of the most storied epics in human history, beginning with Ancient Iraq, followed by Islamic Iraq, Ottoman Iraq, British Iraq, American Iraq and culminating with the current tragic aftermath.

Mark Albertson is the historical research editor at Army Aviation magazine. He is an avid speaker who travels throughout Connecticut lecturing on a variety of historical topics and current events. He has authored several books, including *On History: A Treatise*.

8 sessions

Living Morally and Ethically

New! Ethics are the principles which govern our social living, while morals and values govern our personal living. Their source is in the human capacity to understand (know) what is true and to desire (love) what is good for ourselves and others. Skilled use of these two human capacities enables humans to build societies based on knowledge of their reality and a sympathetic life in common with others who share that reality. The key is learning to choose and “own” our moral and ethical decisions as we cumulatively make these choices throughout our lives. After reviewing how these human capacities work, this course proceeds as a group learning project in which participants engage in discussion of specific issues that they choose.

Morals/Ethics

Rev. Dr. Don Thompson is a retired university professor/administrator who taught theology, ethics and religious

studies in higher education in Canada. As part of basic interdisciplinary study, he taught courses on “Sin and Evil” and “The Human Good” in the degree program of Laurentian University in Ontario. He holds graduate degrees from Harvard and McGill University. Currently, he is a priest associated with St. Luke’s Episcopal Church in Darien.

6 sessions

Modular Origami

Fold Again! Modular models consist of one unit that is folded multiple times and pieced together. This is a repeat of the modular concept, but all models are different and suitable for all abilities. We explore a wide range of units. Projects include decorative and practical models.



For the first class, the instructor provides paper and discusses types of paper and tools needed for the remaining sessions.

Louise Flax learned to fold when she was six and for 38 years has taught origami in public schools, at origami conventions in New York and Albuquerque, at the British Origami Meet Up in London and in Japan. Her experiences with her grandmother, Lillian Oppenheimer (a founder of Origami USA), make Louise uniquely qualified to bring newcomers into the fold.

8 sessions

Once Upon a Life(Time): The Story Continues

Remember! Writing one’s memoir is no longer for the rich and famous. In addition to recording special memories, writing about the events of one’s life can offer unexpected benefits: boosting memory, assisting in the grief process and sharing your journey with family and future generations. Participants learn the characteristics of the genre, how to focus and begin writing and how to find one’s “voice.” Students organize their writings and refine their stories through discussion



COURSE SCHEDULE – SPRING 2016

All classes are subject to change or cancellation

REVISED February 19, 2016

Monday

1:10 PM	Genealogy Beginner	Janeen Bjork	3/14, 3/21, 3/28, 4/4, 4/11, 4/18, 4/25, 5/2
	I Love to Read	Harriet Malbin	3/14, 3/21, 3/28, 4/4, 4/11, 4/18
	Relationships: Personal & Professional	Kenneth Ormand	3/14, 3/21, 3/28, 4/4
	Six Viennese Operettas	David Shafer	3/14, 3/21, 3/28, 4/4, 4/11, 4/18
	Women, Art & Society	Darby Cartun	3/14, 3/21, 4/11, 4/25, 5/2
3:10 PM	Genealogy Intermediate	Janeen Bjork	3/14, 3/21, 3/28, 4/4, 4/11, 4/18, 4/25, 5/2
	Why Smart People Make Bad Financial Choices	Ted Wolff	3/14, 3/21, 3/28, 4/4
	World War II: War in Mediterranean	Arthur Gottlieb	3/14, 3/21, 3/28, 4/4, 4/11, 4/18, 4/25, 5/2

Tuesday

1:10 PM	America's Presidents: 20th Century	Gary Lishnoff	3/15, 3/22, 3/29, 4/5, 4/12, 4/19, 4/26, 5/3
	Antietam to Appomattox: Civil War Battles	Paul Gettler	3/15, 3/22, 3/29, 4/5, 4/12, 4/19
	Armchair Travelers Selections	Marion Drexler	3/15, 3/22, 3/29, 4/5, 4/12
	Exploring Mixed Media	Louise Flax	3/15, 3/22, 3/29, 4/5, 4/12
3:10 PM	Modular Origami	Louise Flax	3/15, 3/22, 3/29, 4/5, 4/12, 4/19, 4/26, 5/3
	Pirates Around the Globe	Anne Peskin	3/15, 3/22, 3/29, 4/5, 4/12, 4/19, 4/26, 5/3
	Politics via Film: America at War	Paul Gettler	3/15, 3/22, 3/29, 4/5, 4/12, 4/19

Wednesday

1:10 PM	America 1900-1950: Sleeping Giant	Stephen Balser	3/23, 3/30, 4/6, 4/13
	Countdown 2016	Ralph Loomis	3/16, 3/23, 3/30, 4/6, 4/13, 4/20, 4/27, 5/4
	Drawing Flowers	Dick Rauh	4/13, 4/20, 4/27, 5/4
3:10 PM	Current Affairs	Arthur Gottlieb	3/16, 3/23, 3/30, 4/6, 4/13, 4/20, 4/27, 5/4
	Great American Songs & Stories	Joe Utterback	3/16, 3/23, 3/30, 4/13
	Watercolor Intermediate	Bela Szabo	3/16, 3/23, 3/30, 4/6, 4/13, 4/20, 4/27, 5/4

COURSE SCHEDULE – SPRING 2016

All classes are subject to change or cancellation

REVISED February 19, 2016

Thursday

1:10 PM	Evolution of the Universe	Kenneth Lyon	3/17, 3/24, 3/31, 4/7, 4/14, 4/21, 4/28, 5/5
	Living Morally & Ethically	Donald Thompson	3/17, 3/24, 3/31, 4/7, 4/14, 4/21
	Rodgers & Hammerstein Revisited	Joshua Berrett	3/17, 3/31, 4/7, 4/14, 4/21, 4/28, 5/5
	Significant Moments in Early American History	Richard Di Vecchio	3/17, 3/24, 3/31, 4/7, 4/14, 4/21, 4/28, 5/5
	The 1960's Revisited	Gary Lishnoff	3/17, 3/24, 3/31, 4/7, 4/14, 4/21, 4/28, 5/5
	Through the Looking Glass: Dreams	Elissa Kaplan	3/17, 3/24, 3/31, 4/7, 4/14, 4/21
3:10 PM	American Political Thought, Part 2	Elliot Kalner	3/17, 3/24, 3/31, 4/7, 4/14, 4/21, 4/28, 5/5
	Iraq: A History	Mark Albertson	3/17, 3/24, 3/31, 4/7, 4/14, 4/21, 4/28, 5/5
	Once Upon a Life Time: The Story Continues	Leslie Kerr	3/17, 3/24, 3/31, 4/7, 4/21, 4/28, 5/5, 5/12

Friday

10:10 AM	American Empire: Grand Republic	Mark Albertson	3/18, 4/1, 4/8, 4/15, 4/22, 4/29, 5/6, 5/13
	Big Ideas, Little Words: Personal Ethics	Elissa Kaplan	3/18, 4/1, 4/8, 4/15, 5/6, 5/13
	Filthy Lucre	Michael Mugnolo	3/18, 4/1, 4/8, 4/15, 4/22, 4/29
	Introduction to Pastels	Christa Forrest	3/18, 4/1, 4/8, 4/15, 4/22, 5/6
	Photographic Art 19th-21st Century	Darby Cartun	3/18, 4/8, 4/15, 4/22, 4/29, 5/6, 5/13
	Watercolor Beginner	Bela Szabo	3/18, 4/1, 4/8, 4/15, 4/22, 4/29, 5/6, 5/13

Find the Syllabus for a Course

Most facilitators provide a syllabus so you can get more details about the course.

A limited number will be available on paper in the LLI office, Room W102.

To locate a syllabus online, go to the LLI website, www.lifetimelearners.org

- Click on Course Descriptions (located on the left hand column of the screen)
- Scroll down until you find the course in which you are interested
- Click on the course title
- Scroll down — if you see the word “Syllabus” then a syllabus is provided for that course
- Click on “Syllabus” and the course outline will be displayed

COURSE DESCRIPTIONS – SPRING 2016

and comments from the instructor and other classmates. Whether you have written before or never recorded a word, this course offers a creative and peaceful environment in which to write, reminisce and share your milestones.

Leslie Kerr has been a writer, editor and teacher for over 30 years. Her work has appeared in newspapers and magazines nationwide and she has participated in writing conferences nationwide and abroad. Leslie was one of the first to create a course on *How to Get Published*, which she has taught in colleges throughout the country. She is the owner of LKB Associates, an editorial consulting firm helping writers write and publish. Her latest book, *Harriet Quimby: Flying Fair Lady*, was released in January 2016 by Schiffer Publishing, Ltd.

8 sessions

Photographic Art from the 19th to the 21st Centuries



New! The world of photography is bold, wide and imaginative! Explore the world of journalism following the careers of war correspondents to the Appalachian back country of mountain people. Surrealist photographers of the early 20th century are paired up against amazing fashion photographers. The 21st century heralds a whole new genre of artists. Photographers covered include Gordon Parks, Ansel Adams, Dorothea Lange, Mathew Brady, Margaret Bourke White, Helmut Newton and Cindy Sherman and many more. Come join the fun!

Darby Cartun earned a BS degree from Syracuse University, an MA in Teaching from Sacred Heart University and studied at the Metropolitan Museum of Art. She lectures at adult learning facilities and hosts a radio talk show, *Darby & Friends*, on WGCH 1490.

7 sessions

Pirates around the Globe and through the Ages

Sail Again! As long as there is boating, there have been pirates. We travel the seas around the world and find pirate activity in the Mediterranean, Caribbean, Indian Ocean and Madagascar. We find during which centuries they lived and how they fought. In each period we will meet some famous pirates and consider if there is any truth in pirate myths.



Dr. Anne Peskin is professor emeritus of CCNY of CUNY. Her field is mathematics. Anne is a sailor who has sailed from Maine to Trinidad. She is active as Past Rear Commander of the United States Power Squadron and has her Captain's license.

8 sessions

Politics via Film: America at War

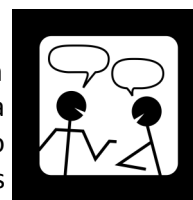
View Again! his course uses the medium of film to explore America's wars during the 20th century. We analyze the roles of America's Presidents in each of its wars and show how films—both documentaries and dramas—can be used to explain our country's military experience.

Paul Gettler earned degrees from NYU and CUNY. His areas of interest include political films, the Civil War and World War II. He has taught in a number of continuing education and adult education programs.

6 sessions

Relationships: Personal and Platonic

New! Be the Stars of the Show! In a friendly atmosphere conducive to a lively discussion, participants start to express their ideas and experiences about what makes for successful relationships, both in the workplace and on a personal level. Individuals are encouraged to share their thoughts on what works in today's society, as well as the criteria for successful relationships and everlasting friendships. We discuss the age-old question of whether or not men and women can be friends, healthy conflict resolutions and other topics that surely spark your interest.



COURSE DESCRIPTIONS – SPRING 2016

Kenneth Ormand has been a classroom teacher for over 40 years. He specialized in peer mediation in which students were helped to resolve personal conflicts in a positive manner. He has organized and facilitated group interactions at every level and his motivational skills for discussion have been most successful.

4 sessions

Rodgers and Hammerstein Revisited



New! Opening new vistas in the American musical, Rodgers and Hammerstein forever changed the nature of the genre. Incorporating the latest research, this course takes a close look at their remarkable innovations and cultural context. Selections from their classics include *Oklahoma*, *Carousel*, *South Pacific*, *The King and I*, *Flower Drum Song* and *The Sound of Music*. Some of Rodger's lesser known collaborations with Hammerstein and other works such as *Victory at Sea* are also explored.

Dr. Joshua Berrett, returning for his seventh LLI course, earned a BA from the University of Cape Town in South Africa, an MA from Columbia University and a PhD from the University of Michigan. He studied at the Manhattan School of Music, Juilliard and the Tanglewood Music Center. He is Professor Emeritus at Mercy College, a freelance violinist and the author of many publications on music. With his wife Lynne, he is co-founder of the non-profit Ageless Mind Project, Inc.

7 sessions

Significant Moments in Early American History

American History

New! In a series of eight lectures and class discussions this course focuses on significant moments in early American history that formed our unique system of government. Each of the subjects may be interconnected or separate dependent upon the topic and all are relatable to the present day. The topics are given to students prior to the first class in booklet form with questions to be answered in the discussion period. All members of the class are

expected to participate in the discussions in support of, or in opposition to any views presented.

Richard Di Vecchio is a student of history who has facilitated many courses on historical subjects at LLI and other sites in the area.

8 sessions

Six Viennese Operettas

Lighter Versions! We view video excerpts from six Viennese operettas including *The Merry Widow*, *Die Fledermaus*, *Wiener Blut*, *The Count of Luxembourg*, *Countess Mariza* and *Gypsy Love*. These are very fun musical/theater events with great singing, dancing, amusing plot twists and a light touch. Unlike in opera, nobody dies. All are set in or around Vienna and were written about 100 years ago. This is a temporary break from our long running series on opera. Lighten up, people!



David Shafer has been passionate about opera for over 50 years. He has a vast collection of opera CDs and DVDs and has been to operas in London, Paris, Vienna, Berlin, Munich, Bayreuth, Dresden, Zurich, Salzburg, New York, San Francisco and Santa Fe. Dave has given courses on opera at LLI for several years as well as some Lunch and Learn talks. For his day job, Dave has designed camera lenses and other optical systems for the past 49 years.

6 sessions

The 1960's Revisited

Back Again! Revisit the 1960's—America's most turbulent decade, the one that changed everything. Using video, handouts and PowerPoint slides, we reflect on this period of monumental social and political change. We explore the new music, fashion, politics, civil rights and technology of the 1960's and take a close look at the people, events and discoveries that defined how Americans came to think about their government, their place in the world and even about themselves.

See Course Schedule, pages 10-11

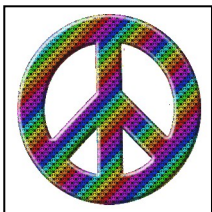
COURSE DESCRIPTIONS – SPRING 2016

Gary Lishnoff is a past president of LLI and has facilitated a number of history and culture classes including *American Jewish Identity*; *JFK: A Look Back*; *Lincoln*; *New York: America's Greatest City*; *The Sixties*; *Jewish Americans*; and *History of New York*.

8 sessions

Through the Looking Glass: Examining our Dreams

Inner Thoughts? We explore and honor our own dreams by engaging in dream practices that are rooted in antiquity and have been updated in light of contemporary understanding about dreaming. We add to our understanding by examining dream interpretation through the lens of psychologists like Freud and Jung.



Participants are encouraged to share their dreams for analysis.

Dr. Elissa Kaplan is the founder and director of *Growing Projects*, an educational consulting company, whose vision is leadership through critical thinking and compassionate choices. She earned two MA degrees in Comparative Literature and Language Arts as well as an Ed.D. in Educational Leadership from George Washington University (DC). Over a seventeen-year period, she has served as Director of Education at four synagogues in Maryland and Connecticut.

6 sessions

Watercolor: Beginners

Paint Again! Become a budding artist. Discover the joys and challenges of watercolor. This course offers step-by-step guidance in techniques—brush strokes, color mixing and composition—that create realistic landscapes, seascapes and still life paintings. Pre-created scenes are available for purchase.

Do not purchase any art supplies until you receive a list at the first class. If you already have supplies, bring them. The facilitator offers supplies for purchase.

This course is limited to 25 students

Bela Szabo received his art training at the University College of Budapest and taught art in his native Hungary. He is a member of art societies in New Canaan, Norwalk and Rowayton and has taught art classes at LLI for many years.

8 sessions

Watercolor: Intermediate

More Painting! If you are an intermediate-level watercolorist, here is a chance to improve your technique. This course is a step-by-step guide to painting traditional landscapes, seascapes and still life. We cover these techniques: textures, perspectives, transparent washes, masking, planning and composition.

Bring paints (tubes preferred), a palette, your favorite brushes, watercolor paper and a water container to class. Some pre-created scenes and supplies are available for purchase.

This course is limited to 25 students.

Bela Szabo enjoys working in watercolor, which allows him to create depth in paintings that are known for their realism and attention to detail. He brings this focus to class. His works have been exhibited in numerous area shows and have won many awards.

8 sessions



COURSE DESCRIPTIONS – SPRING 2016

Why Smart People Make Bad Financial Choices: Understanding the Basics of Behavioral Finance/ Economics



New! Recent best selling books by Daniel Kahneman and Richard Thayer have introduced the ideas of behavioral finance to a larger audience. In this course we look at these ideas to help us understand why we make poor decisions about our investments, savings and spending. PowerPoint slides, handouts and online materials are used to illustrate these concepts.

Ted Wolff earned a BA from Beloit College and an MA from Western Michigan University and was a Fulbright Fellow in Germany in 1978. Ted has over 30 years' experience as an equity portfolio manager and analyst. Most recently he was a Portfolio Manager at The Solaris Group. Prior to that he was managing director at TIAA-CREF, where he co-managed over \$18 billion in US and international equities.

4 sessions

Women, Art and Society

New! Although women have always expressed themselves artistically, art has been defined and dominated by male artists for many decades. But now there is a tremendous range of women's activities in the visual arts. We look at how women artists differ from men in terms of their acceptance, position and point of view artistically. Many assumptions are explored and discussed in this exciting and thought-provoking course for both men and women.



Darby Cartun earned a BS degree from Syracuse University, an MA in Teaching from Sacred Heart University and studies at the Metropolitan Museum of Art. She lectures at adult learning facilities and hosts a radio talk show, *Darby & Friends*, on WGCH 1490.

7 sessions

World War II: War in the Mediterranean



Continued! This is the third in a multi-part series on significant naval battles of the Second World War. This course focuses on strategic actions in the Mediterranean theater of operations and the desperate struggle for control of critical sea lanes as war raged throughout North Africa and Europe.

Art Gottlieb is a local historian on subjects of political and military history. He was formerly a Curator of Naval History and Technical Director of Exhibits at the Intrepid Sea, Air and Space Museum in NYC, where he worked extensively to create displays which accurately illustrate the history of 20th century warfare.

8 sessions

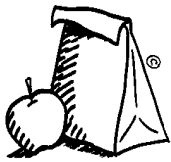
Coming Soon... Intergenerational Storytelling



Are you interested in learning how to craft a 5-minute true story that will engage, inspire, illuminate and entertain? Perhaps you are already a fan, and have been inspired by stories heard on *The Moth*, the renowned public radio show.

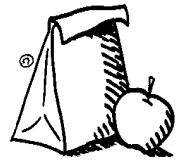
We are planning to prepare and perform these stories with NCC students at the Academic Festival in April.

* For more information contact Sandi Sacks at sandisacks@gmail.com.



FRIDAYS – SPRING 2016 **BROWN BAG LUNCH & LEARN SERIES**

REFRESHMENTS AT 12:15, PRESENTATION AT 1:00
EAST CAMPUS FORUM



March 18: Dr. Joe Utterback and Michael Jovovich

Open House, All Are Invited. Bring Your Friends!

By popular request, music is our opening program. Jazz pianist Dr. Joe Utterback and vocalist Michael Jovovich perform some of the old time traditional American music we always love to hear, including *It's a Most Unusual Day*, *Chattanooga Choo Choo*, *Have Some Jazz* and *Sincerely*.

Bring friends and neighbors to this special event to enjoy the music, while also introducing them to Lifetime Learners, as well as to Norwalk Community College. This event is in the PepsiCo Theater..



Dr. Joe Utterback is a classically trained pianist and prolific composer of music, both classical and jazz. When not performing in the US and internationally, he has been teaching music for 22 years at Sacred Heart University. At Lifetime Learners, he has been a facilitator of popular American music for over ten years.

Michael Jovovich is a multi-talented tenor soloist, actor, and dancer. He is well known locally for his work with the Stamford Curtain Call Theater, Playhouse on the Green and the Downtown Cabaret Theater.

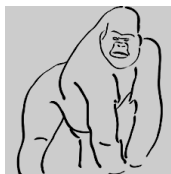
April 1 - Plants and Gardens: Spring Tune-Up

With a PowerPoint presentation we plan ahead for planting flowers, early vegetables, trees and shrubs. From an organic point of view we review different types of grasses, de-thatching, fertilizing and the difference between compost and mulch, and how to use them to help protect your plants and garden from drought, weeds and bugs. We learn how to take soil pH samples, where to send them and what to do with the information you receive.

Brian Hollstein is a graduate of the University of Connecticut's Master Gardener program. For the past seven years, he has developed and managed a garden at St Mark's Church New Canaan, which delivers free fresh vegetables and fruit to the New Canaan Food Pantry. He is now known to the New Canaan Men's Club as the "Garden Guru".



April 8 - African Gorillas of Rwanda and Uganda



Mr. Les de Villiers, a professional safari tour organizer and conservationist, tells us about his unique visit with the free roaming gorillas on both the Rwandan and Ugandan sides of the Virunga Mountains in Africa. With close up photographs and video, he shares his experiences with these endangered primates. We come to understand the life of the seldom seen older male gorillas called "Silverbacks" because of the white hair on their backs.

Les de Villiers was born in the Karoo region of South Africa and now lives and works in Connecticut. He admits to once being a hunter of animals in his youth, but as a young adult he learned to give up hunting with a rifle and switched to only shooting with a camera. He has been a long time active conservationist and professional organizer of South African safaris, a publisher and an author of many books on the subject.

April 15 – The Lost Ark of the Covenant

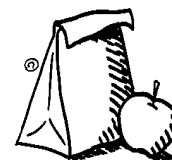
What was the famous lost Biblical Ark of the Covenant? What was in it? Where is it now? The blockbuster movie *Raiders of the Lost Ark* assumed, like the Bible, that it had powerful magical properties. Going beyond the movie we look at many tantalizing hints to the answers to those three questions using ancient texts, images and religious practices of the ancient Near East. The surprising answers may tie together the Ark, the Holy Grail, the Philosopher's Stone and—of all things—meteorites!

Besides being a regular and popular LLI facilitator on opera, **David Shafer** is an avid photographer and writer. He has previously presented several Lunch & Learn events on *Having Fun Photographing Flowers*, *The History of Penicillin* and, most recently, the *Life Story of the 16 Century Dutch Philosopher Spinoza*. In addition, as an optical scientist, he has designed high-tech optical systems; over the last 50 years he has been awarded over 150 US and foreign patents for camera lenses, telescopes and microscopes.



FRIDAYS – SPRING 2016 **BROWN BAG LUNCH & LEARN SERIES**

REFRESHMENTS AT 12:15, PRESENTATION AT 1:00
EAST CAMPUS FORUM



April 22 – Uncle Zac, “The Uke Guy”

The ukulele is a musical instrument that has recently enjoyed an impressive renaissance. It appeals to people of all ages and all levels of musical skills. Although the ukulele is commonly associated with Hawaii, it was actually introduced by Portuguese sailors who visited the Islands. During this presentation, you hear many popular tunes, like *Blue Skies* and *On a Slow Boat to China*, as well as humorous tunes sung by Uncle Zac. Many of these were written by musicians such as Allen Sherman, Leon Redbone and Jimmy Buffett. All played on the ukulele!!



Peter Zaccagnino, alias Uncle Zac, is a local ukulele performer and teacher of individuals from age 5 to 95. For over 55 years he has performed all over Connecticut and New York State. A lover of the instrument, he owns over 30 ukuleles. He enjoys making people feel good and seeing them smile when they hear him sing the many fun lyrics, while playing the songs on his ukulele.

April 29 – Women at Work In World War II



Rosie the Riveter was a true American icon, answering the call to work during the war years. There were millions of "Rosies" and millions of stories that are being brought to life a half century later. This is a story of home front America during WWII. While millions of men were drafted into military service, these amazing women stepped into jobs with minimum training and experience, in order to keep America running and producing the abundance of equipment that helped win the war. This is a story of home-front America during WWII. Join our guest as he narrates this important historical period, including a related colorful, slide presentation.

John Cilio is a historian and author of six history books. He is an American Marketing Association award winner and has spoken world-wide on a wide range of historical and marketing topics.

May 6 - Music Appreciation: Norwalk Symphony VIP's

Principal Cellist of the Norwalk Symphony Orchestra, Gunnar Sahlin, and Music Director of the Symphony, Jonathan Yates, present a look behind the scenes of the orchestra. They discuss orchestra conducting and playing along with performing live music. They focus particularly on the upcoming concert of a stage version of the opera *La Boheme* scheduled for Saturday, May 21, at the Norwalk Concert Hall.



Maestro Yates has earned high praise, not only as a conductor, but also as a solo pianist. He is a graduate of the Juilliard School of Music, New York State University and Harvard University and has been conducting orchestras since the age of twenty three. He currently conducts the Norwalk Youth Symphony and the Norwalk Symphony Orchestra.

Gunnar Sahlin, in addition to being a talented musician, is a popular NCC librarian with an MA in Library Science from Long Island University. He earned his BA degree at Universities in Sweden and also studied music in Prague. As a member of the Stockholm Philharmonic Orchestra, he toured Europe and the United States, where he later became a US citizen living in Connecticut.

*I have never met a man so ignorant
that I couldn't learn something from him.
Galileo Galilei*



MEMBERSHIP AND ENROLLMENT

To JOIN:

- Minimum age is 50. Dues are \$50 per membership year.
- Membership includes two successive terms and one winter session. Check your membership card to see the date your membership expires.
- Your membership includes LLI catalogs, newsletters, invitations to special events, both free and paid winter courses and our Friday Lunch & Learn series. It also includes access to the NCC Library and Fitness Center.

REGISTRATION PROCEDURE:

- It is recommended that you register right away by US mail.
- Use the LLI Membership & Enrollment Form on the following page to enter your membership information and course selections. A downloadable form may also be found at www.lifetimelearners.org.
- Course fees are \$30.
- Registration is by mail, or drop off in the locked LLI mailbox outside the LLI office (see address, below).
- Course enrollment is on a first received first enrolled basis, either by mail or in LLI mailbox.
- Letters confirming enrollment will be mailed as registrations are processed.
- Volunteers helpers will be available by phone from 10am to 12noon, Mondays—Thursdays Feb. 23 to Mar. 10.
- Classes begin March 14, 2016.

PAYMENT:

- Payment is by **check only, payable to Lifetime Learners**. We are unable to accept credit/debit cards.
- Send your registration form and check to:

Lifetime Learners Institute at Norwalk Community College, Room W102
188 Richards Avenue, Norwalk, CT 06854-1634

FOR YOUR INFORMATION:

- A member or non-member may be a guest in one session in only one course each term.
- During LLI classes and events, photographs may be taken for publicity purposes. If you do not wish to have your picture taken, please alert the photographer.
- During inclement weather, if NCC is open for regular classes LLI classes will be held.
- Visit our website at www.lifetimelearners.org.

REFUND POLICY:

- Membership dues are not refundable.
- Course fees are refundable if a course is:
 - Not attended and the refund is requested before the end of that term —or—
 - Closed when the registration is received —or—
 - Canceled by LLI

LLI MEMBERSHIP & ENROLLMENT FORM – SPRING 2016

LLI Membership Dues: \$50.00 for two successive terms and one winter session

Fee per course: **\$30.00**

Name _____

Please indicate: Male ___ Female ___

Address _____

City _____

State, ZIP _____

Telephone _____

Email _____ (for LLI communications only)

Birth Date _____ -- **Important! Required by Norwalk Community College**

1st Course _____ 2nd Course _____

3rd Course _____ 4th Course _____

Alternate (if closed out of one choice) _____

Membership Dues (*ONLY* if not a current member): \$50.00 \$ _____

Total number of courses _____ x \$30.00 _____

Contribution to LLI Scholarship Endowment _____

Contribution to NCC Foundation General Fund (Check with former employer for matching grant) _____

Total \$ _____

*Make checks payable to
Lifetime Learners Institute*

☐ I would like to volunteer as a Class Assistant

☐ I would prefer to receive future catalogs **only** via Email (1 week earlier than US mail)



LLI MEMBERSHIP & ENROLLMENT FORM – SPRING 2016

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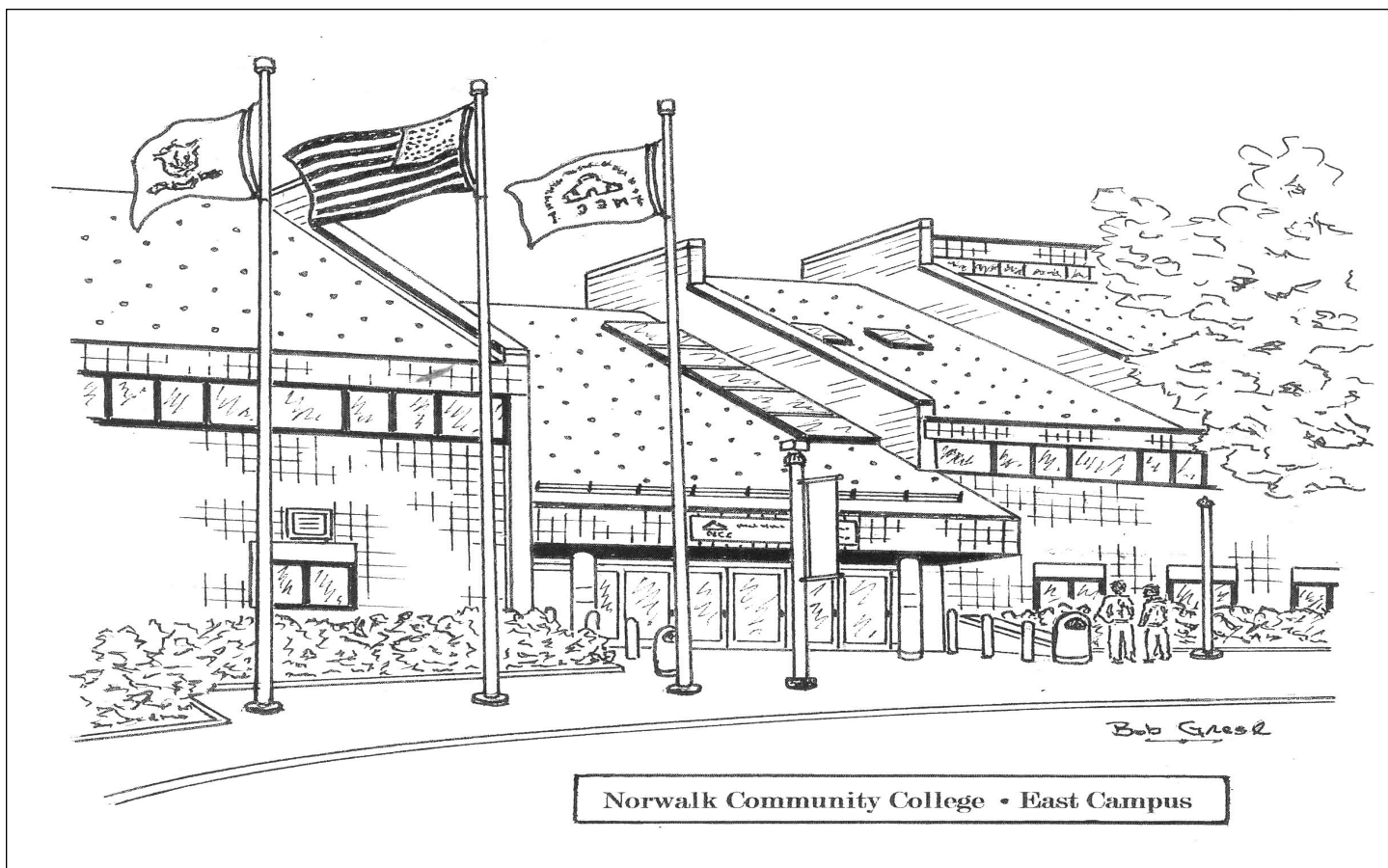
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THANKS TO NCC

Thanks to NCC, Lifetime Learners Institute has a home. Ever since its beginnings, LLI has been a welcomed part of NCC—we have offices, classrooms to use, many services, use of the NCC library, use of its fitness center and the wonderful feeling of being part of a vibrant institution of learning. Even during these difficult times with increased enrollment and current construction projects, they continue to accommodate our needs. To express our gratitude, in 1995 the LLI Scholarship Endowment Fund was established within the NCC Foundation. At that time, LLI committed to contributing \$1,000 annually to the Fund. We have far exceeded our commitment and hope to continue to do so. Contributions, big and small, by LLI and our members, have resulted in earnings that provide scholarships to NCC students from our Fund, now grown to over \$100,000.

When you submit your Membership & Enrollment Form, please include a donation to the LLI Scholarship Endowment. It is supremely fitting that our organization, devoted to lifetime learning, reflect our values and help the serious students of NCC.

Your contribution may be tax deductible and eligible for corporate matching funds from your present or former employer.