



# Lifetime Learners Institute

## Fall 2017 Catalog

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## **CLASSROOM STANDARDS**

**Department** – Lifetime Learners prides itself on the excellence of its instructors who come from many diverse backgrounds and bring to the classroom a broad spectrum of views to explore. Members may not agree with some of the views expressed, and discussion of our differences is both healthy and encouraged. Nonetheless, we must disagree agreeably. Inappropriate language, raised voices and *ad hominem* arguments is not be tolerated.

**Punctuality** – Students are expected to be in their seats before the instructor begins class and prior to its resumption after the break. In the event a student is late to class, he or she should go quietly to the nearest empty seat. Conversely, a student who must leave early should leave unobtrusively and quietly close the door. Students may not enter a classroom until the NCC professor and students have vacated the room.

**Cell phones** – Cell phones must be turned off for the duration of each class. In the rare event a member is expecting a very important call, the phone should be set to vibrate and the call taken outside the classroom.

**Food and beverages** - While beverages are permitted, food is prohibited. Eating in the classroom is disturbing to other students and detracts from a positive learning environment.

## WHO WE ARE

Lifetime Learners Institute at NCC is a community of working and retired adults over 50 who have a desire to learn and have a broad range of lifetime experiences to share. Our members come from all over Fairfield County and surrounding areas.

We believe that growth through continuing education is the secret of staying perpetually young. The courses we offer meet for four to eight week sessions in a wide range of subjects such as art, science, music, history, nature, humanities and movies. They are conducted in an informal and noncompetitive environment in which members are encouraged to learn and participate. In addition, we offer learning experiences with our free Brown Bag Lunch and Learn lectures given every Friday during fall, winter and spring terms.

With the exception of the course instructors, LLI is an all-volunteer organization with the assistance of an office manager. The administration, planning, scheduling, organizing of courses and programs, writing, publishing and mailing of catalogs and newsletters, maintenance of records, financial control and public relations are all performed by volunteer members under the direction of an elected Board.

### CATALOG CONTRIBUTORS

#### CATALOG

Gil Herman, Chair  
David Amerling  
Marsha Darmory  
Richard Di Vecchio  
Larry Fox  
Katherine Golomb  
Leslie Kerr

#### COVER ILLUSTRATOR

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Roger Cohn  
Morgan Corrigan  
Gil Herman  
Charles Lamb  
Gary Lishnoff  
Ralph Loomis  
Leslie Loop  
Harriet Malbin  
Victoria Phair  
Sandi Sacks  
Leah Tillman

#### SPECIAL EVENTS

Norman Glover, Co-Chair  
David Amerling, Co-Chair  
Leon Breault  
Ed Delyonas  
Larry Fox  
André Guilbert  
Grace Hanford  
Gil Herman  
Harriet Malbin  
Mary Nadig  
Victoria Phair  
Virginia Toms

### BOARD OF DIRECTORS

Ralph Loomis, President  
Sandi Sacks, Secretary  
Richard Di Vecchio  
Glen Osberg

Leon Breault, 1<sup>st</sup> Vice President  
Ann Bello, Treasurer  
Larry Fox  
Erik Rambusch

Charlotte Cooper, 2<sup>nd</sup> Vice President  
Barbara Cartounis, NCC Liaison  
Leslie Loop  
Leah Tillman

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## *Message from the NCC President*



Dear Lifetime Learners,

Welcome back for another stimulating semester at Norwalk Community College!

I hope you have noticed our new outdoor banners with the theme #NCCProud. These banners showcase learners of all ages who are proud to be NCC students!

There are many reasons to be #NCCProud. For example, NCC is fortunate to have one of the most active Lifetime Learners Institutes in the region. Your presence on campus enriches the college and the community.

NCC's national reputation is another point of pride. Earlier this year, NCC was honored at The White House in Washington as a winner of the nationwide Healthy Campus Challenge. I had the pleasure of meeting former First Lady Michelle Obama and receiving a Presidential citation for NCC's efforts to promote healthcare.

NCC takes pride in its campus resources. We have superbly equipped laboratories and classroom and facilities like the PepsiCo Theater and East Campus Atrium, which are used by Lifetime Learners for events, get-togethers and lectures.

NCC also is proud of its multicultural student body. Few colleges can boast that their students hail from 87 countries and speak 54 languages. NCC students are diverse in terms of age, gender, backgrounds and aspirations. And, 65% of our 2017 graduates were first in their family to complete a degree at NCC!

As we begin a new academic year, I hope you will share *your* #NCCProud stories with me. Contact me at [dlevinson@norwalk.edu](mailto:dlevinson@norwalk.edu) to share your NCC experiences.

Sincerely,

David L. Levinson, Ph.D.  
President, Norwalk Community College



## *Message from the LLI President*



Dear Lifetime Learners,

With so much anxiety and unrest in the world today, it is comforting to know that learning and the exchange of ideas are still powerful tools for bringing people together. I welcome you back to the NCC campus for another exciting semester of discovery and fellowship. Lifetime Learners is strong because of its diversity. Our organization embodies that diversity because of the wide-ranging backgrounds of its members. You bring rich personal and career experiences to LLI classes and, in doing so, enrich the campus community.

This semester, LLI offers 46 courses. Inside this catalog you'll find learning treasures of all kinds; surely one or more will suit your fancy. Courses on history and current events will help you understand the world around us. We offer hands-on art classes ranging from beginner to seasoned artist. Opera, rock & roll, genealogy, astronomy, the ukulele, women's rights and retirement are but a small sample of subjects covered.

Whether you are here in the capacity of student or instructor, you can take full advantage of all that NCC has to offer. As an LLI member, you have complimentary membership in the college's Wellness Center and its library. In addition, you can attend stimulating NCC events including lectures, performances, and film screenings.

Please browse through our catalog, find what interests you and sign up today!

Best wishes,

*Ralph Loomis*

Ralph Loomis  
President, Lifetime Learners Institute

### **American Empire: Grand Republic to Corporate State, Part II**

We take up where American Empire Part I leaves off — from the grandest hoax ever perpetrated on modern man, the Versailles Treaty, to the modern American Corporate State.



Focus is on such developments as the McCormick Dickstein Committee and the Business Plot; the Military-Industrial Complex; the 1947 National Security Act; George Kennan and Containment; monolithic finance capital; the Lewis Powell Memo; Manifesto of American Fascism; demise of the Soviet Union and the unilateral world of a single superpower; Democrats and Republicans as denominations of a single major party in America, the Corporate State; the marginalization of the Constitution and America as a failed state politically; the militarization of American foreign policy; the erosion of the middle class; the myth of American beneficence...these and other factors are explored and discussed for a better understanding of the American Empire.

**Mark Albertson** is the historical research editor at *Army Aviation* magazine. He is an avid speaker who travels Connecticut lecturing on a variety of historical topics and current events. He has authored several books, including *USS Connecticut: Constitution State Battleship*.

**8 sessions starting Wednesday, Sept. 13 at 3:10 PM**

### **American Jewish Identity**

Join us to explore the history of the Jews in America. We focus on individual personalities and stories of the 350-year saga about immigrants who gradually wove themselves into the fabric of America, yet maintained the traditions that set them apart. With the help of handouts, discussions and award-winning documentaries, we move from the early days to eventual success in various fields in becoming Americanized. Business leaders, corporate giants and living legends – Irving Berlin, Gertrude Berg, Warner Bros. and Louis B Mayer, the great Jewish comedians of the Catskills, TV and movies and, yes, Supreme Court Justices and a Vice-Presidential candidate. You don't have to be Jewish to enjoy the journey.

**Gary Lishnoff** is a past president of LLI and has facilitated a number of history, culture and music classes including *American Jewish Identity*, *American Presidents - 20<sup>th</sup> Century*, *History of New York*, *The Sixties* and *The British Invasion*.

**8 sessions starting Tuesday, Sept. 12 at 1:10 PM**

### **America's Greatest Music: Rock and Roll in the 1960's**



This is a new music course. The 60's produced some of the greatest American music of all time. Even today rock and roll is listened to not only by the 60's generation but also by their children and grandchildren. American music of the 60's had great rock, love songs, protest songs, surf music, R&B, country classics, the New York sound, the California sound and, of course, Motown. With the help of videos and DVD's we visit your favorites: the Shirelles, the Drifters, the Miracles, Ray Charles, the Beach Boys, Bob Dylan, the Ronettes, Simon & Garfunkel, Aretha Franklin, Crosby Stills & Nash, the Supremes, the Temptations and James Taylor, just to name a few. Sing and hum along and join the fun!

**Gary Lishnoff** is a past president of LLI and has facilitated a number of history, culture and music classes including *American Jewish Identity*, *American Presidents - 20<sup>th</sup> Century*, *History of New York*, *The Sixties* and *The British Invasion*.

**7 sessions starting Thursday, Sept. 14 at 1:10 PM**

### **Analyzing Weekly Policy Issues**

This is a discussion course. Participants help select the topics to be explored, with the instructor identifying the underlying policy issues while adding historical and theoretical perspectives. Class involvement, exchanging of informed opinions as well as the norms of civil conversation are encouraged. Issues might include: Immigration/Refugee Policy, National Budget, National Tax Proposals, how to employ the unemployed, National Energy Policy, International Trade, Current Constitutional Issues, Transportation Infrastructure and Health Care Policies.

## COURSE DESCRIPTIONS – FALL 2017

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**Erik Rambusch** earned his BA and MBA in Economics from Columbia University. Previously he held teaching and advisory positions at NCC and conducted graduate seminars at The New School in NYC for ten years. His corporate career was with The New York Times and Dun & Bradstreet. Eric also served as an officer in the US Army Corps of Engineers. He has led discussions on foreign policy issues for Lifetime Learners for the past five years.

**8 sessions starting Tuesday, Sept. 12 at 1:10 PM**

### Art of Storytelling: Getting Your Story Straight



Your stories are your legacy!!! How do you tell a personal story — one that becomes a transitional moment for you? How do you cultivate the skills for public speaking? How do you peel back the details until you discover the inner journey that a good story requires? A master storyteller teaches the art of the story while offering techniques that make it compelling. In class, you learn how to extract the true core of your narratives and how to tell them in an entertaining fashion. Join us to present your stories for practice, critique and mostly ... for fun.

**John O'Hern** is an actor, author and master storyteller ([www.knowyourstory.net](http://www.knowyourstory.net)). He especially enjoys extracting the true core of a story and takes great pleasure in coaching storytellers. He is the author of two Off-Broadway plays, *Rooster in the Henhouse* and *Sweetspot: Confessions of a Golfaholic*, as well as a novel of the same name. His latest writing project, *Not the Kennedy's*, a collection of stories about growing up in a chaotic Irish Catholic household of eight children in the 50's and 60's, is currently in the hands of his literary agent.

**8 sessions starting Tuesday, Sept. 12 at 1:10 PM**

### Astronomy: Seeing Stars

Looking at the sky what do you see—stars? In this course we learn about the composition of stars, their constellations and the myths that ancient civilizations and the Greeks composed around them. We



begin at the North Pole, follow the seasons and end at the South Pole.

**Anne Peskin** has taught astronomy and, more importantly, uses her knowledge as a sailor and navigator on her many long voyages. She enjoys stargazing.

**6 sessions starting Monday, Sept. 11 at 3:10 PM**

### China's Economic Development: Environmental Impacts

Environmental issues were of little concern to Mao Zedong and, during the subsequent period of double-digit economic growth, damage to the environment kept on getting worse. Has the situation reached a tipping point with citizens clamoring for improvements and the government lending a receptive ear to the demands? China is already number one in the solar industry. Which other technologies are being deployed to make the country greener and can they compensate for the increased pollution associated with a richer society?



**Dr. Roger Levy** retired in 2013 from St. Thomas Aquinas College in Sparkill, NY, where he taught international business and economic geography for 25 years. His area of expertise is East Asia. He has visited the region many times and has presented papers at various academic conferences on issues affecting Japan and China.

**6 sessions starting Thursday, Sept. 14 at 1:10 PM**

### Collage and Beyond

Ever want to create artwork from images, decorative papers and art materials? Join a professional media artist to show you how to combine materials to create fascinating artwork. Drawing and painting are integrated with collage. No experience necessary — just a willingness to try! Demonstrations and individual attention are given as each student works to complete mixed media creations. Elements of design and composition theories are taught to enhance each student's way of thinking about and creating art. Each week a short education lecture/demonstration on design

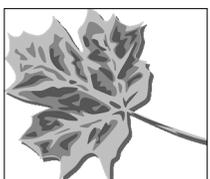
principles and compositional theories as well as hands-on individual art creation is given. Famous artists are discussed and studied. Books and related materials about notable artists are available for class discussion. Photographs of other artwork can be used and transferring techniques are explained. We end each session with a brief critique.

**Materials to bring:** archival glue stick, mat medium or other archival craft glue of choice, decorative collage papers of student's choice (newspaper, magazines, colored paper, wrapping paper — anything can be used), tracing paper, scissors, pencil, any kind of paint and heavy weight paper or canvas of your choice.

**Ellen Gordon** is a mixed media artist based in Stamford. She earned an undergraduate degree from Boston University and a master's degree from Baruch College. She has exhibited regionally and is the recipient of many awards. Her work is in many private locations across the country and abroad. Ellen is the President of the Loft Artists Association in Stamford, serves on the board of the Greenwich Art Society and has taught and planned art programs for children and adults.

**8 sessions starting Tuesday, Sept. 12 at 3:10 PM**

### Colorful Leaves



This is a drawing course where we collect leaves, learn some science and then draw accurate line drawings in pencil that we then color with colored pencils.

**Materials to bring:** pencils (2H to 2B), smooth paper sketchpad (9"x12" or 11"x14"), (Prismacolor box of 12 or any decent colored pencil box), kneaded eraser and a loupe. The instructor brings a wide range of colored pencils for you to try out.

This course is limited to 15 students.

**Dick Rauh** is a botanical artist and teacher living in Westport. His work appears in many public and private collections throughout the country. He has exhibited widely, most recently with shows at the Brooklyn Botanical Garden, the Wilton Library and the New York State Museum.

**4 sessions starting Friday, Sept. 15 at 10:10 AM**

*All courses subject to change or cancellation*

### Cool Clear Water: Wastewater Treatment

The course takes the class from the flush of the toilet to the discharge into Long Island Sound. A description of the purification process is provided and the history and future of wastewater treatment are discussed. The treatment facility must be capable of processing anything that comes down the pipe while discharging a consistent effluent within strict environmental standards. A tour of Norwalk's wastewater treatment plant is included.



**Lewis Clark** earned an MS in chemical engineering. Lewis has been involved in plant design and operation for over 20 years. Presently, he is vice president of the Water Pollution Control Authority Board for the city of Norwalk.

**6 sessions starting Thursday, Sept. 14 at 3:10 PM**

### Cruise to Ancient Cities

Join us for a virtual cruise through the ancient world to explore the oldest cities on every continent. Along the way, we investigate what makes a place a community; examine how ordinary people lived and how they shaped history.

**Dr. Elissa Kaplan** is the founder and director of Growing Projects, an educational consulting company, whose vision is leadership through critical thinking and compassionate choices. She earned two MA degrees in Comparative Literature and Language Arts as well as an EdD in Educational Leadership from George Washington University (DC). Over a 17-year period, she has served as Director of Education at four synagogues in Maryland and Connecticut.

**6 sessions starting Friday, Oct. 6 at 10:10 AM**

### Current Affairs

Framed by the week's trending news, this course relies on rigorous, yet respectful, debate to enhance our understanding of divergent viewpoints on current events. Discussions address politics, gender and



*See Course Schedule, pages 12-13*

## COURSE DESCRIPTIONS – FALL 2017

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religion and their place in contemporary culture – issues that give life depth and meaning. We focus on developing critical reasoning skills by examining the pre-conceived biases that affect our personal objectivity.

**Art Gottlieb** is a local historian on subjects of political and military history. He was formerly a Curator of Naval History and Technical Director of Exhibits at the Intrepid Sea, Air and Space Museum in NYC, where he worked extensively to create displays which accurately illustrate the history of 20<sup>th</sup> century warfare.

**Participants may choose only one section**

**Section 1: 8 sessions starting Wednesday, Sept. 13 at 3:10 PM**

**Section 2: 8 sessions starting Thursday, Sept. 14 at 3:10 PM**

### Digital Photography Simplified: Fundamentals for Better Pictures

Today's smartphones and point-and-shoot cameras have made photography easy. But cameras are just tools. To make better picture the process of photography needs to be learned. The instructor answers questions about photography and explains how to gain control of your digital camera, demonstrates techniques to improve composition and gives an introduction to post-capture processing. Using discussions, assignments, a field trip and critiques, participants learn how to make better images.

**Jim Kahnweiler** worked as a photojournalist, portrait and travel photographer including projects for the Associated Press, architects and real estate agents. He has been exhibited at the Piermont Flywheel Gallery in Piermont, NY and the Rowayton Art Center and is Director of Photography for Ziga Media in Darien. He has taught photography at the Cambridge Center for Adult Education and at the Brookline Center for Adult Education.

**8 sessions starting Tuesday, Sept. 12 at 3:10 PM**

### Donald Trump Revealed

We examine Trump's youth and his early career in real estate before he went straight into business with his father, where his values and business practices were shaped. For three decades Trump built, renovated, and

managed numerous office towers, hotels, casinos and golf courses. He licensed the use of his name and hosted *The Apprentice*, a reality TV show. His net worth is estimated to be \$3.5 billion, making him the only billionaire to be elected to the Presidency. How Trump amassed his fortune is discussed. In June 2015, Trump launched his campaign for President and quickly emerged as the front-runner in Republican primaries. In July 2016 he was formally nominated President at the GOP National Convention. He won the general election in a surprise victory against Hillary Clinton and became the oldest and wealthiest person to assume the presidency, the first without prior military or government service and the fifth to have won the election while losing the popular vote. How Trump won the GOP nomination and election is examined in the last two weeks of the class.

**Ralph Loomis** earned degrees at UConn, Trinity and Wesleyan. He has served as an intern to Connecticut Governor John Dempsey, Director of Government Affairs for the pharmaceutical giant Novartis and Chief of Staff for Congressman Christopher Shays. Ralph has taught ten LLI courses ranging from Broadway plays to great photographers and he also serves as the President of LLI.

**4 sessions starting Wednesday, Sept. 13 at 1:10 PM**

### Early Roots of Rock 'n Roll

This course traces the evolution of the most American of musical forms from its beginning in African and European traditions to its melding of blues, country, gospel, folk and pop into something unique and revolutionary. We examine the parallels between the Jazz Age of the 20's, the Big Band era of the 30's and



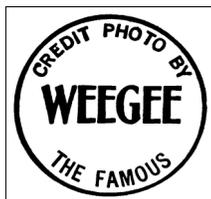
40's and the burgeoning popularity of Rhythm & Blues and "Hillbilly" music in the post-World War II era. We study such influential figures as Louis Armstrong, Bing Crosby, Louis Jordan, Ruth Brown and Sister Rosetta Thorpe as well as important vocal groups such as The Mills Brothers, The Ink Spots, The Dominoes and The Drifters. Finally, we look at early recordings of icons like Bill Haley, Elvis Presley, Little Richard, Chuck Berry, LaVern Baker and Wanda Jackson plus producers and

DJ's like Sam Phillips, Ahmet Ertegun, the Chess Brothers, Dewey Phillips and Alan Freed. We discuss Rock 'n Roll's impact on American Society and culture from the breakdown of racial and sexual barriers to the formation of a new, teenage social class with its various subcultures.

**Gary Carlson**, a professor of English at NCC since 1997, has created and taught a wide variety of courses on writing, literature, film and pop culture, as well as organizing and hosting the college's Movie-of-the-Month film series (now in its 10<sup>th</sup> year.) He is also a published writer of fiction and non-fiction, film and music criticism.

**8 sessions starting Wednesday, Sept. 13 at 1:10 PM**

### Eight Iconic Photographers of the 20<sup>th</sup> Century



Long before the emergence of today's digital age photography, a generation of talented artists emerged who are remembered for creating the most iconic and enduring photographs of all time.

Their life's works chronicled the events of the 20<sup>th</sup> century, the rise of automation, Western landscapes, the Great Depression, the New Deal programs of the 1930's, the home front as well as overseas operations during World War II and beyond.

**Art Gottlieb** is a local historian on subjects of political and military history. He was formerly a Curator of Naval History and Technical Director of Exhibits at the Intrepid Sea, Air and Space Museum in NYC, where he worked extensively to create displays which accurately illustrate the history of 20<sup>th</sup> century warfare.

**8 sessions starting Saturday, Sept. 16 at 1:10 PM**

### Essentrics Movement

Essentrics is a dynamic, one-hour, low impact weight-free fitness program that strengthens the muscles in the elongated position, quickly creating a long, lean and rebalanced body. The unique fluid movement of Essentrics slenderizes and tones the abs, waist, thighs, arms and back, while improving posture, flexibility, agility and strength. Essentrics rapidly and safely

conditions the full-body so that it can be done daily, helping you feel energized, positive, healthy and strong.

**This course is limited to 20 students and is one-hour long.**

**A pre-participation medical screening form will be sent to all enrolled members and must be returned to the LLI office at least one week in advance of the start date.**

**Please note:** persons with a disease or condition that might result in health issues when engaging in low-level movement activity should not enroll in the course.

**June Bird** has a master's degree in dance and has been teaching it for more than 30 years. Her background is in ballet, tap, jazz and modern dance. She has taught dance movement in dance studios, after school programs, adult education, community colleges, nursery schools, public schools and assisted living communities. She chose to teach Essentrics as it offers great benefits to maintaining better health and wellness for adults and the fact that it is fluid and "dance-like."

**8 sessions starting Tuesday, Sept. 12 at 3:10 PM**

### Evolution of the Universe: From Nothing to Everything

The universe started with the Big Bang. But how did it start from nothing? As armchair scientists, we'll explore the wonder and mystery of the beginning and how the universe evolved from subatomic particles to atoms of hydrogen, to stars and galaxies and to planets with life forms. Come and find out how you are related to stardust and what a brief moment in time humans have been on planet Earth.



Approximately half the classes focuses on the evolution of the cosmos and its components; the other half addresses how evolution has taken life on earth from simple bacteria and algae to dinosaurs and squirrel-sized mammals to whales, elephants and finally to humans, sequoias and seed plants. Special attention is given to human evolution.

**Ken Lyon** a graduate of Pfeiffer College and Southern Connecticut State and former adjunct lecturer at NCC. A science teacher for over 40 years, both at the secondary

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and college levels, he has shared his love of geology, human biology, forensics and athletics with many generations. He originated the first public high school forensics course in Connecticut and it rapidly became one of the most popular electives at Greenwich High School. Since man first walked on the moon on Ken's 29<sup>th</sup> birthday, he has been captivated by the marvels of the universe.

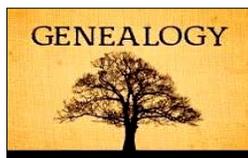
**8 sessions starting Wednesday, Sept. 13 at 1:10 PM**

### Exploring the Movie Soundtrack, Part 2

It has been said that one doesn't see a movie as much as feel a movie. We continue to explore how and why this happens as we analyze a diverse range of movie composers such as Philip Glass, Dimitri Tiomkin, Elmer Bernstein, Michel LeGrand, Nino Rota, James Horner and Hans Zimmer and the directors with whom they worked. Among the movies to be explored are: *Fatal Attraction*, *Koyaanisqatsi*, *The Third Man*, *La Dolce Vita*, *The Umbrellas of Cherbourg*, *Moonstruck*, *Ben Hur*, *High Noon*, *Spellbound*, *Titanic* and *Inception*.

**Dr. Joshua Berrett** earned a BA from the University of Cape Town in South Africa, an MA from Columbia University and a PhD from the University of Michigan. He studied at the Manhattan School of Music, Juilliard and the Tanglewood Music Center. He is Professor Emeritus at Mercy College, a freelance violinist and the author of many publications on music. With his wife, Lynne, he is co-founder of the non-profit Ageless Mind Project, Inc.

**8 sessions starting Friday, Sept. 15 at 10:10 AM**



### Genealogy & Computers I: Beginners

This course is for genealogy novices who need instruction on using computer software and the Internet. We cover the fundamentals of genealogy, including lessons in documentary evidence, family history research methodology and the Genealogical Proof Standard. Students are introduced to the types of documents and the sources used most frequently by genealogists: census records; birth, marriage and death records; immigration

records; naturalization and military records; city directories and newspapers. There is also instruction on computer basics, including internet browsers, search engines and security; Hot keys; Windows; uploading and downloading; external devices; and saving and organizing one's work. While taking the course, students are encouraged to go to their local public library and take advantage of the services provided by the research librarians.

**8 sessions starting Monday, Sept. 11 at 1:10 PM**

### Genealogy & Computers II: Advanced Beginners

This course is for those who have significant experience with computer software and the internet but who are new to genealogy. Students learn the fundamentals of genealogy, including lessons in documentary evidence, family history research methodology and the Genealogical Proof Standard. They are also introduced to the types of documents and the sources used by genealogists: census records; birth, marriage and death records; immigration and naturalization records; military records; city directories and newspapers. Homework is optional but recommended.

**8 sessions starting Wednesday, Sept. 13 at 1:10 PM**

### Genealogy & Computers III: Intermediate and Advanced

This course is for those who have at least six months experience using the internet for genealogy. Students work individually and in teams solving genealogy problems, employing a variety of genealogy websites and strategies. Instruction is tailored to address individual and group issues. Homework is optional but recommended.

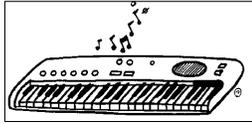
**8 sessions starting Monday, Sept. 11 at 3:10 PM**

**Janeen Bjork** is a television researcher who has applied the detective, analytic and presentation skills she garnered during a 30-year career to explore her family tree and then the trees of friends, students and clients. She enjoys introducing others to the colorful characters in her family tree as well as to the research methods and strategies that make it possible for her to find and preserve their legacies for posterity. Her engaging and

interactive presentation style uses participation with actual examples and case studies to prepare audiences to find the family members and stories that have eluded them.

### Great American Songs and Stories

Dr. Joe continues his 1950's survey of the Great American Songbook with one of the greatest songs from that era, *The Man That Got*



*Away*, music by Harold Arlen and lyrics by Ira Gershwin. He discusses the wonderful film *A Star is Born*, about which he knows many good stories! Two important hit shows, *Pajama Game* and *Damn Yankees* by Richard Adler and Jerry Ross, are reviewed. The timeless classics, *Misty* and *Something's Gotta Give*, bring us into 1956 with *The Bells are Ringing*, *Most Happy Fella* and *My Fair Lady*. Dr. Joe tells us many behind-the-scenes stories as he creatively plays the music on a piano keyboard in a classroom setting.

**Joe Utterback** received his MA in Piano Performance from Wichita State University and his Doctor of Musical Arts from the University of Kansas and has a total of 400 published jazz and classical compositions. He has been Music Director and Organist for the First Congregational Church of Stratford for the past 20 years and has been teaching music for 24 years at Sacred Heart University. He has taught 25 courses at LLI and continues to perform throughout the US and around the world.

**4 sessions starting Wednesday, Sept. 13 at 3:10 PM**

### Great Decisions

Great Decisions is America's largest discussion program on world affairs. Published annually by the Foreign Policy Association, the Great Decisions briefing book highlights eight of the most thought-provoking foreign policy challenges facing America today. The briefing book provides background information, current data and policy options for each issue and serves as the focal text for discussion groups. The issues discussed are:

- ◆ The future of Europe: coping with crisis
- ◆ Trade, jobs and politics
- ◆ Conflict in the South China Sea
- ◆ Saudi Arabia in transition

- ◆ U. S. foreign policy and petroleum
- ◆ Latin America's political pendulum
- ◆ Prospects for Afghanistan and Pakistan
- ◆ Nuclear Security: enduring challenge of nuclear weapons

We discuss one topic per session. Copies of the briefing book are available in the LLI office before classes begin. It is important that all participants read the appropriate section of the briefing book (approximately 8 to 10 pages) to prepare for these discussions.

**Erik Rambusch** earned his BA and MBA in Economics from Columbia University. He has led discussions on foreign policy issues for LLI for the past five years. Previously he held teaching and advisory positions at NCC and prior to that conducted graduate seminars at The New School in NYC for ten years. His corporate career was with *The New York Times* and Dun & Bradstreet. Eric worked in Scandinavia and also served as an officer in the US Army Corps of Engineers.

**8 sessions starting Tuesday, Sept. 12 at 3:10 PM**

### I Love to Read



Join six LLI members as they lead interesting and lively discussions of contemporary titles and treasured classics.

September 11 - **Nutshell** by Ian McEwan: Michael Mugnolo, presenter

In the four hundred years since the death of William Shakespeare an untold number of writers, talented or otherwise, have attempted to improve upon the Bard's masterpieces by changing the settings of characters. None, however, has been as bizarre as Ian McEwan's casting a fetus (in utero) as Hamlet, as he attempts to thwart the plot between his mother and his uncle to kill his father. *Nutshell* introduces us to a fetus who opines on James Joyce, French wines and the erosion of Enlightenment values, as well as ways to forestall his mother's nefarious conspiracy.

September 18 - **The Children of Willesden Lane** by Mona Golabek and Lee Cohen: Heather Hopkins, presenter.

In 1938, Lisa Jura was a fourteen-year-old musical prodigy with hopes of becoming a concert pianist. However, when Nazi Germany took over Vienna, her

## COURSE SCHEDULE – FALL 2017

**All courses are subject to change or cancellation**  
Courses with insufficient enrollment will be cancelled  
**Schedule REVISED August 10, 2017**

### **Monday**

#### **1:10 PM - 2:50 PM**

Genealogy 1: Beginners	Janeen Bjork	9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30
I Love to Read	Morgan Corrigan	9/11, 9/18, 9/25, 10/2, 10/9, 10/16
Six Hungarian & Gypsy Operettas	David Shafer	9/11, 9/18, 9/25, 10/2, 10/9, 10/16

#### **3:10 PM - 4:50 PM**

Astronomy: Seeing Stars	Anne Peskin	9/11, 9/18, 9/25, 10/2, 10/9, 10/16
Genealogy 3: Intermediate/Adv.	Janeen Bjork	9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30
Watercolor: Intermediate	Bela Szabo	9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30

### **Tuesday**

#### **1:10 PM - 2:50 PM**

American Jewish Identity	Gary Lishnoff	9/12, 9/19, 9/26, 10/3, 10/10, 10/24, 10/31, 11/7
Analyzing Weekly Policy Issues	Erik Rambusch	9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 10/31
Art of Storytelling	John O'Hern	9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 10/31
Pearl Harbor	Richard Di Vecchio	9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 10/31
Southeast Asian Politics	Paul Sarno	9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 10/31
<a href="#">Ukulele Adventure</a>	<a href="#">Nina Lesiga</a>	<a href="#">9/12, 9/19, 9/26, 10/3, 10/10</a>

#### **3:10 PM - 4:50 PM**

Collage and Beyond	Ellen Gordon	9/12, 9/19, 9/26, 10/3, 10/17, 10/24, 10/31, 11/7
Digital Photography	James Kahnweiler	9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 10/31
Essentrics Movement	June Bird	9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 10/31
Great Decisions	Erik Rambusch	9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 10/31
So, You Want to Speak Yiddish	Gilda Simpkin	9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 10/31

### **Wednesday**

#### **1:10 PM - 2:50 PM**

Donald Trump Revealed	Ralph Loomis	9/13, 9/20, 9/27, 10/4
Early Roots of Rock & Roll	Gary Carlson	9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1
Evolution of the Universe	Ken Lyon	9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1
Genealogy 2: Advanced Beginners	Janeen Bjork	9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1
Politics via Film: World War I	Paul Gettler	9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1

#### **3:10 PM - 4:50 PM**

American Empire, Part 2	Mark Albertson	9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1
Current Affairs	Arthur Gottlieb	9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1
Great American Songs	Joe Utterback	9/13, 9/20, 9/27, 10/4
Politics via Film: Wells-Washington	Paul Gettler	9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1
Writing Women: Short Fiction	Patricia Spoor	9/13, 9/20, 9/27, 10/4, 10/11, 10/18

## COURSE SCHEDULE – FALL 2017

**All courses are subject to change or cancellation**  
Courses with insufficient enrollment will be cancelled  
**Schedule REVISED August 10, 2017**

### **Thursday**

#### **1:10 PM - 2:50 PM**

America's Greatest Music: Rock & Roll in the 1960's	Gary Lishnoff	9/14, 9/28, 10/5, 10/12, 10/26, 11/2, 11/9
China's Economic Development	Roger Levy	9/14, 9/28, 10/5, 10/12, 10/19, 10/26
Investments & Retirement	Ted Wolff	9/14, 9/28, 10/5, 10/12, 10/19
Nature's Sketchbook	Cindy Sinor	9/14, 9/28, 10/5, 10/12, 10/19, 10/26
Russia: A History	Mark Albertson	9/14, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9
Today's Women: Where...Going?	Helen Garinger	9/14, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9

#### **3:10 PM - 4:50 PM**

Cool Water: Wastewater Treatment	Lewis Clark	9/14, 9/28, 10/5, 10/12, 10/19, 10/26
Current Affairs	Arthur Gottlieb	9/14, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9
Jihad	Mark Albertson	9/14, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9
Once Upon a Life(Time)	Leslie Kerr	9/14, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9

### **Friday**

#### **10:10 AM - 12:00 PM**

Colorful Leaves	Dick Rauh	9/15, 10/6, 10/13, 10/20
Cruise to Ancient Cities	Elissa Kaplan	10/6, 10/13, 10/20, 10/27, 11/3, 11/10
Exploring Movie Soundtrack, Part 2	Joshua Berrett	9/15, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17
$i < \pi > e$	Michael Mugnolo	9/15, 10/6, 10/13, 10/20, 10/27, 11/3
Matisse & Picasso	Darby Cartun	9/15, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17
Watercolor: Beginners	Bela Szabo	9/15, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17

### **Saturday**

#### **9:10 AM - 10:50 AM**

Intersection of Artist, Architect, and People in Public Space	Darby Cartun	9/16, 9/23, 10/7, 10/14, 10/21, 10/28, 11/4, 11/11
Jihad/Saturday	Mark Albertson	9/16, 9/23, 10/7, 10/14, 10/21, 10/28, 11/4, 11/11

#### **1:10 PM - 2:50 PM**

Eight Iconic Photographers	Arthur Gottlieb	9/16, 9/23, 10/7, 10/14, 10/21, 10/28, 11/4, 11/11
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### **Course Syllabus**

Most instructors provide a syllabus so you can get more details about the course. Printed copies are available in the LLI office, Room W102.

## COURSE DESCRIPTIONS – FALL 2017

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parents made the difficult, desperate decision to send her to England on the Kindertransport. As she boarded the train, Lisa's mother's last words were, "Hold on to your music." Mona Golabek's story of Lisa's life and music is a tribute to her mother—and a tribute to all displaced children and to those who gave them refuge.

September 25 - **Benediction** by Kent Haruf: Dick Auwarter, presenter

When Dad Lewis is diagnosed with terminal cancer, he and his wife must work together to make his final days as comfortable as possible. Bracing, sad and deeply illuminating, *Benediction* captures the fullness of life by representing every stage of it, including its extinction, as well as the hopes and dreams that sustain us along the way. From the beloved and best-selling author of *Plainsong* and *Eventide* comes a story of life and death and the ties that bind, once again set in the High Plains in Holt, Colorado.

October 2 - **The Hound of the Baskervilles** by Sir Arthur Conan Doyle: Mark Albertson, presenter

Sherlock Holmes, Doyle's ace sleuth, and his confidant, Doctor Watson, must solve a mystery based on the legend of a massive hound that has plagued the Baskerville family for centuries. The majesty of Baskerville Hall in the wild open country of Dartmoor sets the stage for Sherlock Holmes to separate fact from legend in one of Doyle's greatest efforts. As with *The Maltese Falcon*, references to movies of the title are included, especially the version featuring Basil Rathbone.

October 9 - **The Handmaid's Tale** by Margaret Atwood: Angela Vicenzi, presenter

Published in 1985, this is a dystopian novel by Canadian author Margaret Atwood. Set in a near-future New England, where a totalitarian theocracy has overthrown the United States government, the novel explores themes of women in subjugation and the various means by which they gain individualism and independence. *The Handmaid's Tale* won the 1985 Governor General's Award and the first Arthur Clarke Award two years later, in 1987.

October 16 - **The Death of Ivan Ilyich** by Leo Tolstoy: Miwako Ogasawa, presenter

Leo Tolstoy's short novel *The Death of Ivan Ilyich*, first published in 1886, is considered one of his masterpieces.

The story of a high court judge and his sufferings and death in 19<sup>th</sup> century Russia, we see him, the protagonist, as a man who has enjoyed such steady success in life that he never gives more than a passing thought to the inevitability of death, until DEATH announces itself to him. This novella, written shortly after Tolstoy's religious conversion in the late 1870s, is regarded as an artistic culmination of his personal struggles.

**Morgan Corrigan**, for several years a participant in *I Love to Read*, delights in the variety of books offered for sharing. She shares JK Rowling's view: "I do believe something magical can happen when you read a good book."

**6 sessions starting Monday, Sept. 11 at 1:10 PM**

***i < π > e***

What exactly do we mean by inequality? Is it good or bad? Hardly a day goes by that we do not read or hear about inequality. How is it measured?



What are its effects? Are they benign or malignant? What level of inequality should a society attempt to achieve? Is perfect equality a reasonable goal? What macroeconomic policies can a society implement to manage inequality? What forces behind inequality are beyond the reach of political or economic policy? Join us in this course as we attempt to address all these questions with a particular emphasis on the last two.

**Michael Mugnolo** is a humble man with lots to be humble about. Slow and somewhat dimwitted, he nearly always learns much more from his students than they do from him. His somnolent delivery is a great help to those having trouble sleeping.

**6 sessions starting Friday, Sept. 15 at 10:10 AM**

### **Intersection of Artist, Architect and People in Public Space**

Not everyone loves to spend their free time in museums, tromping from gallery to gallery. Nor does everyone have the desire to engage in the arts. For that reason it

is wonderful that there are amazing places right out in public view to enjoy the art of design, sculpture and the decorative arts simply by passing by. One can be in a subway, walking on the street or in an elevator – just to mention a few venues. This is an expanded course that had its beginnings in murals. Come join the interactive and lively discussions about where, and what type of, art exists right out in the open for all to enjoy.

**Darby Cartun** earned a BS from Syracuse University and an MAT from Sacred Heart University. She is a passionate lover of the arts with a desire to share ideas and theories. Taking the journey with others with interest in art is what art is all about. She hosts a radio talk show weekdays on 1490 WGCH AM.

**8 sessions starting Saturday, Sept. 16 at 9:10 AM**

## Investments and Your Retirement



Ten thousand Baby Boomers reach retirement age every day from now until 2030. Throughout our working lives, we are encouraged to save for retirement; yet,

after retirement we are left with little or conflicting advice on how to manage those savings. This course examines some of the latest research and thinking about complex issues seniors face when planning for and investing during their retirement years. Please note: we cover general concepts and tools for investing and planning, but do not provide specific advice to individuals. Students should consult their own financial advisors or attorneys before making any investment decisions based on the material covered in class.

**Ted Wolff** earned a BA from Beloit College and an MA from Western Michigan University and was a Fulbright Fellow in Germany in 1978. He has over 30 years' experience as an equity portfolio manager and analyst managing pension plans, mutual funds, hedge funds and insurance. He was a managing director at TIAA, where he co-managed portfolios of US and international equities, and most recently he was a portfolio manager at The Solaris Group.

**5 sessions starting Thursday, Sept. 14 at 1:10 PM**

## Jihad

Jihad is an Arabic term meaning “struggle.” For a Muslim, that struggle is of an internal nature, an effort by which the individual attempts to rid oneself of those impediments which compromise their becoming one with their religion. Waging that struggle represents the essence of Islam, which means surrender to God, upon which a Muslim embarks on that lifelong struggle as a member of the faithful. However, the popular notion of Jihad held by many non-believers is that of Holy War and that is the essence of this course: to peel away the confusion, misconceptions and propagandistic perversions hampering a proper conception of not only what is construed as the Jihadi movement but, hopefully, fostering at the same time a better understanding of one of the globe’s most fascinating yet misunderstood religions.



**Mark Albertson** is the research editor at *Army Aviation* magazine. He is an avid speaker who travels Connecticut lecturing on a variety of historical topics and current events. He has authored several books, one of which is *They'll Have to Follow You! The Triumph of the Great White Fleet*.

**Participants may choose only one section**

**Section 1: 8 sessions starting Thursday, Sept. 14 at 3:10 PM**

**Section 2: 8 sessions starting Saturday, Sept. 16 at 9:10 AM**

## Matisse and Picasso: A Life Long Conversation

Two artistic giants spent their careers sizing each other up and pursuing diverging artistic goals. While their personal relationship was limited, the artistic level of their connection was sustained and limitlessly important to each other. There were profound affinities of motivation and attitude. Rivalries and curiosity about each other’s work and a need for the other’s good opinion abounded. They molded the art of the 20<sup>th</sup> century. This is a very interactive course for those with opinions, curiosity and a desire to explore. We may consider a non-class field trip to the Museum of Modern Art depending on the interest of the group.

**Darby Cartun** earned a BS from Syracuse University and an MAT from Sacred Heart University. She is a

## COURSE DESCRIPTIONS – FALL 2017

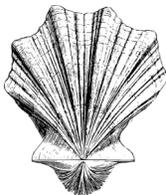
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passionate lover of the arts with a desire to share ideas and theories. Taking the journey with others with interest in art is what art is all about. She hosts a radio talk show weekdays on 1490 WGCH AM.

**8 sessions starting Friday, Sept. 15 at 10:10 AM**

### Nature's Sketchbook

Artistic inspiration surrounds us in nature. This drawing course provides an opportunity to create artwork from a variety of subjects found outdoors. Each session focuses on a different hands-on project including still life, landscape and wildlife subjects. Classes begin with a short lesson and demonstration followed by guided studio time to work on drawing assignments. Basic drawing techniques using graphite and colored pencils are incorporated throughout. Students may choose to work in graphite, drawing pencils or both and must supply their own materials. The instructor provides most still life items and photos to draw. However, participants may be asked to bring items for two sessions. All levels are welcome.



Required materials to bring: a set of graphite drawing pencils, kneaded eraser, pad of drawing paper (80 pound, white)

Optional materials to bring: a set of 72 Prismacolor Premier Soft Core colored pencils, battery operated eraser.

This course is limited to 15 students.

**Cindy Sinor**, a resident of Wilton, is a commissioned artist and art instructor. She teaches drawing to adult students of all levels at Wilton Continuing Education and is an instructor at NCC's Extended Studies Division. Her realistic colored pencil portraits of humans, pets and wildlife have been featured in exhibitions at the Wilton Library and her renderings of birds and their habitats will be part of spring 2018 show sponsored by the Connecticut Audubon Society. Ms. Sinor also donates her work to charitable auctions supporting local organizations.

**6 sessions starting Thursday, Sept. 14 at 1:10 PM**

### Once Upon a Life(Time): Milestones and Memories

Participants discover ways to organize and record the chapters of their lives in a thoughtful, meaningful way for family and future generations to treasure. Those just beginning to gather their thoughts for their memoir journey, as well as those who have already begun the process, are welcome.

**Dr. Leslie Kerr** has been a writer, editor and educator working with novice and seasoned writers for over 40 years. She has led workshops and seminars across the United States and Australia. She is the author of *Harriet Quimby: Flying Fair Lady* and *Through These Portals: The Life of Showman Earl Carroll* and is the owner of LKB Associates, an editorial consulting firm in Westport, Connecticut.

**8 sessions starting Thursday, Sept. 14 at 3:10 PM**

### Pearl Harbor: A Crucial Date Which Will Live in Infamy

On December 7, 1941, a sudden attack by the Empire of Japan catapulted the United States into a war most Americans did not want. We study the Japanese reasons for beginning the war, America's unpreparedness and the many blunders made by both sides. We analyze how secret codes and intelligence gathering played important roles and, finally, the controversy surrounding whether President Roosevelt did or did not have knowledge of the attack prior to December 7, 1941 – a conspiracy theory that exists to this day. Knowing the facts will, hopefully, dispel the myths and clear the air.

**WAR!  
Oahu Bombed  
By Japanese**

**Richard Di Vecchio** has given classes on *Spies and Espionage*, *America's Secret Intelligence Services*, *The Roaring Twenties* and a series of five courses on *American Presidents*. He is currently a board member at Lifetime Learners and Chair of the Curriculum Committee.

**8 sessions starting Tuesday, Sept. 12 at 1:10 PM**

## COURSE DESCRIPTIONS – FALL 2017

### Politics via Film: Orson Wells to Denzel Washington

Join us to examine great American political films. Films are analyzed in terms of artistic merit and political message. Movies to be discussed include *Citizen Kane*; *The Devil's Disciple*; *Fail-Safe*; *The Godfather*; *Reds*; *Good Night, and Good Luck*; *JFK* and *Inside Man*.

**Paul Gettler** earned degrees from NYU and the CUNY Graduate Center. His interests focus on how film can be used to teach history and politics. He has taught in a number of continuing and adult education programs.

**8 sessions starting Wednesday, Sept. 13 at 3:10 PM**

### Politics via Film: The First World War

Using the medium of film to examine World War I we discuss films such as *Paths of Glory*, *The Promise*, *Lawrence of Arabia*, *Dr. Zhivago*, *Wilson*, *A Very Long Engagement* and *Haber*. All of these films provide insight into this war and its terrible consequences.

**Paul Gettler** earned degrees from NYU and the CUNY Graduate Center. His interests focus on how film can be used to teach history and politics. He has taught in a number of continuing and adult education programs.

**8 sessions starting Wednesday, Sept. 13 at 1:10 PM**

### Russia: A History

America's renowned Sovietologist and foreign policy guru George Kennan once observed that, whether it be Czarist Russia, Stalinist Russia, Khrushchev's Soviet Union, Brezhnev's Soviet Union or Putin's Russia, Russia is Russia. While there is much truth in Mr. Kennan's abbreviated summary, there is, however, a depth of history that is waiting for those eager enough to unlock the annals of the largest nation on earth. This course chronicles Russia beginning with Kievan-Rus up to today's post-Soviet-Russia — an immensely proud nation, which is seeking to find its way in an uncertain world order.



**Mark Albertson** is the research editor at *Army Aviation* magazine. He has authored several books, one of which is *On History: A Treatise*. As an avid speaker he travels

the Constitution State lecturing on a variety of historical topics and current events.

**8 sessions starting Thursday, Sept. 13 at 1:10 PM**

### Six Hungarian and Gypsy Operettas

Join us to see six operettas from 100 years ago, including some with very rustic gypsy settings and themes. We begin with Kalman's *The Gypsy Princess*, then on to Johann Strauss' *The Gypsy Baron*, followed by four of Lehar's operettas, *The Land of Smiles*, *Gypsy Love*, *Paganini* and *Tsarevich*. All are very melodic with interesting plots. Unlike most operas, nobody dies.



**David Shafer** has been passionate about opera for over 50 years. He has a vast collection of opera CDs and DVDs and has been to operas throughout Europe and the United States. He teaches opera courses at LLI and the Fairfield Senior Center. A man of many interests, he has lectured at Lunch & Learn and has spoken on Spinoza, flower photography, Richard Feynman and Jonas Salk and the polio vaccine.

**6 sessions starting Monday, Sept. 11 at 1:10 PM**

### So, You Want to Speak Yiddish

Whether you remember some phrases from your childhood or just know the words used in sitcoms, you can begin to speak this colorful language. Build a vocabulary and learn enough grammar to be able to speak rudimentary Yiddish. Have fun learning the more common idioms and expressions that can be used in everyday conversations. If you always wanted to know what your parents or grandparents were saying or baffle your kids and friends, have fun learning this old language. No prior knowledge of Yiddish is required.

**Gilda Simpkin** earned an M.S. in Counseling and Human Resource Development and has enjoyed a 30-year career as a Learning Consultant and Corporate Trainer. She has led personal development and management skills programs all over the world. Gilda has been on the faculty of Fairfield University and Marymount College and has served in the Career Development Department of

## COURSE DESCRIPTIONS – FALL 2017

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NCC. She is the author of the forthcoming book, *My Baby Chase*.

**8 sessions starting Tuesday, Sept. 12 at 3:10 PM**

### Southeast Asian Politics

What is President Duterte of the Philippines doing and why? Why was there another military coup in Thailand? Why do Burmese Buddhists react so violently to Muslim Rohingyas? Why is China so aggressive in seeking control of the South China Sea? We attempt to answer these questions and others while explaining the politics governing the 11 South East Asia countries extending from Myanmar to Timor-Leste. Brief histories are included but emphasis is on the post-independence period. This exploration should further an understanding of the area and enhance any anticipated visit.

**Paul Sarno** is a graduate of the University of Pennsylvania and the Columbia Law School. He has been engaged in a systematic effort to better understand Southeast Asian countries, through 14 visits since 1971 (the last to Thailand in Nov. 2016) and memberships in the Asia Society and the Burma Study Group. Paul has taught about this region at LLI for 14 years and in Florida .

**8 sessions starting Tuesday, Sept. 12 at 1:10 PM**

### Today's Women: Where Are We Going from Here?

Through class discussions, we cover a variety of topics pertaining to women (and men). Starting with a brief historical overview, we journey through issues for today's women, the media portrayal of women, the obsession of appearance, older women (and men) living in an ageist society and a look towards the future. Readings are articles from *The New York Times* and other sources.



**Helen M. Garinger**, PhD, began her career in the area of child development and public education, which provided her valuable insight over the course of her 20-year career teaching art to thousands of students. She became a middle school counselor before her doctoral studies, then worked as a therapist counseling children, adolescents and their parents. For 16 years Dr. Garinger

has taught graduate students who are training to become school and mental health counselors.

**8 sessions starting Thursday, Sept. 14 at 1:10 PM**

### Ukulele Adventure



Learning to play the ukulele is great fun in a group setting. We cover chord basics and strumming techniques while playing in unison. Students leave each session uplifted by creating *community* music. Participants are taught to play 10 songs!

**Materials to bring:** a tuned soprano or concert ukulele, a folder for handouts and a pen. **Optional:** a smart phone app for tuning or an electric tuner (e.g., Snark brand).

**Nina Lesiga** is a ukulele coach for the Continuing Education Program in Stratford, CT. She owned a music school in Brooklyn, NY and plays the ukulele and guitar. Following a 30-year global corporate career as a chemist, Nina reinvented herself as an Artisan of Uncommon Adventure. Find her website and blog at [www.gottatravelsolo.com](http://www.gottatravelsolo.com).

**5 sessions starting Tuesday, Sept. 12 at 1:10 PM**

### Watercolor: Beginners

Become a budding artist. Discover the joys and challenges of watercolor. This course offers step-by-step guidance in techniques – brush strokes, color mixing and composition – that create realistic landscapes, seascapes and still life paintings. Pre-created scenes are available for purchase. Do not purchase any art supplies until you receive a list at the first class. If you already have supplies, bring them. The instructor offers supplies for purchase.

This course is limited to 20 students.

**Bela Szabo** received his art training at the University College of Budapest and taught art in his native Hungary. He is a member of art societies in New Canaan, Norwalk and Rowayton and has taught art classes at LLI for many years.

**8 sessions starting Friday, Sept. 15 at 10:10 AM**

## Watercolor: Intermediate



If you are an intermediate-level watercolorist, here's a chance to improve your technique. This course is a step-by-step guide to painting traditional landscapes, seascapes and still life. We cover these techniques: textures, perspectives, transparent washes, masking, planning and composition.

Materials to bring: paints (tubes preferred), a palette, your favorite brushes, watercolor paper and a water container to class; some pre-created scenes and supplies are available for purchase.

This course is limited to 20 students.

**Bela Szabo** enjoys working in watercolor, which allows him to create depth in paintings that are known for their realism and attention to detail. He brings this focus to class. His works have been exhibited in numerous area shows and have won many awards.

*8 sessions starting Monday, Sept. 11 at 3:10 PM*

## Writing Women: Short Fiction and the Struggle for Selfhood

What is the women's experience and who gets to tell it? Through the genre of the short story we read authors who give language and imagery to the female experience, expose lives of struggle, risk-taking, humor and fun while forever needing to push against the boundaries of the status quo. These authors examine the inner lives of working class women and the privileged, as they have been careful observers of their worlds. Their writings, from the 1800s to the present, are as diverse as the tales they tell, but are alike in their capability to reveal the powerful determination of women as they grow into selfhood. Understanding women's ways of being through fictional narratives invites today's women to consider their own selfhood and how it's informed by historical truths. Participants read two short stories each week focusing on content, inviting analytical reading and vibrant discussions about the rich and complex lives of women.

**Pat Spoor** has enjoyed a long career in education, first in modern dance, later in Christian Education and, after retirement, an MA in Women's Studies from SCSU. Pat's passion is the study of women's lives and their history. She teaches at LLI and other community venues.

*6 sessions starting Wednesday, Sept. 13 at 3:10 PM*



25 Years and Counting

Let's Celebrate!!!!

Our LLI Community is all abuzz with the news that we have reached our

*Silver Anniversary*

and it is time to celebrate.

Our volunteer committee is busy making plans for the party, which will be held Friday, November 3, 2017

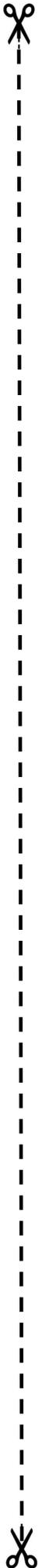
Get your "silver" garb ready to wear as all members are invited.

Another wonderful opportunity to connect, rejoice and appreciate all that LLI has meant to us.

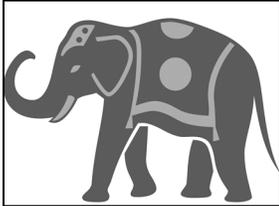
*Stay tuned for details!*



**FRIDAYS – FALL 2017**  
**BROWN BAG LUNCH & LEARN SERIES**  
 REFRESHMENTS AT 12:15, PRESENTATION AT 1:00  
 (Bring your own lunch or buy lunch at the NCC café)  
 EAST CAMPUS FORUM (UNLESS OTHERWISE NOTED)



**September 15 — India: A Different World**



India is a wonderful country to visit, particularly for the eye of a photographer. There is visual stimulation everywhere: women in their colorful saris, temples, festivals, performances, historic buildings and so much more. In this multi-media presentation we visit cities large and small, study the religions of India's people, look at ancient archeological sites, attend several fairs and visit with interesting people. About 300 photographs and video clips during a live narration by the photographer, with music and other sounds, creates an enjoyable visit and brings life to this interesting country.

**William Barnett**, who recently made two trips to India, has presented many beautiful and interesting Lunch and Learn programs including on Cuba, Bhutan, Vietnam, Myanmar and China. In addition, he has taught photography at LLL. He is a retired Perkin Elmer PhD scientist, lifelong photographer and a world traveler. He is a member of the CT Association of Photographers, the Photographic Society of America and is on the Board of the New England Camera Club Council.

**October 6 — Women in the American Revolution: (Putting “Her” in Heroics)**

**Open House, in the PepsiCo Theater All Are Invited, Bring Your Friends!**

There are many tales of courage to be revealed in this PowerPoint –illustrated talk about these largely unsung heroines of the American Revolution. The presentation introduces you to some of the women who risked their lives, their fortunes and their sacred honor to lift the yoke of British control of the 13 Colonies. These are the women who are missing from our history books. Their stories as soldiers and spies have often been left untold.

**Eric Chandler** has been involved in American Revolutionary War Living History since 1974. As a history reenactor, he frequently portrays an infantryman, a whaleboat raider and a mounted horse cavalryman. A Norwalk resident, he is a long-term active LLI member and a past history presenter.

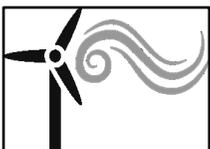
**October 13 — The History of Recorded Sound**

Recorded sound is a science, an art, and yes, big business. In this presentation we review the history of recording and reproducing sound, looking at the people, the inventions and the companies that brought us our modern sound tracks. We show how recorded sound has changed human perceptions and human expectations for live sound. We examine the era before Thomas Edison, the Acoustical Era, the Electrical Era, the Digital Era and, yes, the Neural Era (the future).



**Richard Frisch** currently co-chairs the CT PC Users Group and is a past president of the organization. He has 30 years' experience as an executive in the financial services sector. He is involved with local technology organizations and has his own company, RHFtech, providing tech guidance and support to small businesses.

**October 20 — Energy Sources of the Future: Will We See Wind Turbines Off the Norwalk Coast?**



Energy use is rapidly changing, as the world adjusts to two powerful influences in both global and domestic markets: the increasing use of nontraditional energy sources, such as wind and solar, and the onset of the fracking revolution that has dramatically reduced the price of natural gas and petroleum. The resulting impact on prices, the environment and the world economy is examined in light of these changes. The potential for out-of-favor sources of energy, such as nuclear power, to once again become a focus of U.S. energy policy is also discussed.

**Dr. Mark LeClair** is a Professor of Economics at Fairfield University, where he has been teaching for the past 29 years. He has degrees from Colgate and Northeastern and earned his doctorate from Rutgers University. He has published four books dealing with international economic issues and authored 16 articles in various economics publications. Dr. LeClair is also a Town Council member in the town of Trumbull.



**FRIDAYS – FALL 2017**  
**BROWN BAG LUNCH & LEARN SERIES**  
 REFRESHMENTS AT 12:15, PRESENTATION AT 1:00  
 (Bring your own lunch or buy lunch at the NCC café)  
 EAST CAMPUS FORUM (UNLESS OTHERWISE NOTED)



**October 27 — The Beginnings of the National Park Service: “Over a Wyoming Campfire”**



In 1872, the United States created Yellowstone National Park, the world’s first national park, to “conserve the scenery unimpaired for the enjoyment of future generations.” Today there are more than 450 national parks in the US and 1200 worldwide. This presentation focuses on the creation of the National Park Service in 1916 to conserve the health of the nation’s lands. We discuss and show the history of conservation and how the American wilderness plays an important role in the identity of the American people, as well as outline the personalities and events that created one of the most successful and popular government agencies ever conceived.

**Hamish Lutris** is an Associate Professor of History at Capital Community College in Hartford, CT. He has worked in some of America’s premier natural and historical sites, leading hiking and historical programs. He also lectured extensively in the United States, Europe and Canada, presenting programs on wide-ranging historical topics.

**November 3**  
**25<sup>th</sup> Anniversary Celebration**



SAVE THIS DATE FOR A SPECIAL LUNCHEON CELEBRATION  
 OF LLI's 25th ANNIVERSARY TO BE HELD ON THE NCC CAMPUS.

DETAILS TO FOLLOW



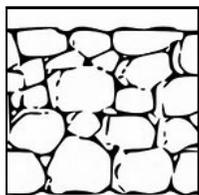
**November 10 — Inside Juilliard**

We take a look at the training of tomorrow’s musicians at what is considered one of the world’s finest performing arts schools, also renowned for training of actors and dancers. The power of music to transform lives is unparalleled, and we examine how today’s musicians are being prepared to harness and share that power and beauty with an array of communities — on-stage, off-stage, in unexpected neighborhood venues and in dance studios with people with Parkinson’s disease. Videos from Juilliard are shown.



Flutist **Bärli Nugent** has performed over 1,000 concerts world-wide and was artist-faculty at the Aspen Music Festival and School for 25 years. A graduate of and now Assistant Dean at the Juilliard School, she launched initiatives in chamber music, academic honors, jazz and the landmark mentoring programs and teaches the School’s over-subscribed *Career Development Seminar*.

**November 17 — Our Amazing Connecticut Stone Walls**



Stones are the signature archaeological legacy of Connecticut and all of New England. Stone walls delineate and define northeastern America as surely as the Appian Way says “Italy”, or the Great Wall says “China”. Connecticut is fortunate to have many linear miles of stone walls that have for centuries characterized our agrarian heritage. It is the story of people and of the art created with millions of fieldstones stacked and laid; of single wall capped or coped; of rare walls and mysteries, some done well, some badly — all this is revealed and discussed during the presentation.

**Sylvia Reiss** lives in Connecticut and is a former teacher, retired antiques dealer and past president of the Antiques Council. She is also active in the Darien Historical Society.



## **MEMBERSHIP AND ENROLLMENT**

### **To JOIN:**

- Minimum age is 50. Dues are \$50 per membership year.
- Membership includes four consecutive terms. To check the date your membership expires, check the LLI sticker on the reverse side of your NCC Photo ID card.
- Your membership includes LLI catalogs, newsletters, invitations to special events, free winter programs, our free Friday Brown Bag Lunch & Learn series and access to the NCC Library and Fitness Center.

### **REGISTRATION PROCEDURE:**

- Registration is by mail, or drop off in the locked LLI mailbox outside the LLI office (see address, below).
- Use the LLI Membership & Enrollment Form on the following page to enter your membership information and course selections. A downloadable form may also be found at [www.lifetimelearners.org](http://www.lifetimelearners.org).
- Course fees are \$30.
- Course enrollment is on a first received first enrolled basis, either by mail or in LLI mailbox.
- Letters confirming enrollment will be mailed as registrations are processed.
- Volunteer helpers will be available by phone from 10am—12noon, Mondays—Thursdays Aug. 21—Sep. 13.
- Classes begin September 11, 2017.

### **PAYMENT:**

- Payment is by **check only, payable to Lifetime Learners**. We are unable to accept credit/debit cards.
- Send your registration form and check to:

**Lifetime Learners Institute at Norwalk Community College, Room W102  
188 Richards Avenue, Norwalk, CT 06854-1634**

### **FOR YOUR INFORMATION:**

- Every LLI member as well as a non-member may be a guest in one session in only one course each fall and spring term.
- During LLI classes and events, photographs may be taken for publicity purposes. If you do not wish to have your picture taken, please alert the photographer.
- During inclement weather, if NCC is open for regular classes, LLI classes will be held.
- Visit our website at [www.lifetimelearners.org](http://www.lifetimelearners.org).

### **REFUND POLICY:**

- Membership dues are not refundable.
- Course fees are refundable if a course is:
  - Not attended and the refund is requested before the end of that term —**or**—
  - Closed when the registration is received —**or**—
  - Canceled by LLI
- **Classes with insufficient enrollment will be cancelled, so please register early.**

## LLI MEMBERSHIP & ENROLLMENT FORM – FALL 2017

LLI Membership Dues: \$50.00 for four consecutive terms

Fee per course: **\$30.00**

Name \_\_\_\_\_ Please indicate: Male \_\_\_ Female \_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State, ZIP \_\_\_\_\_ Telephone \_\_\_\_\_

Email \_\_\_\_\_ (for LLI communications only)

Birth Date \_\_\_\_\_ -- **Important! Required by Norwalk Community College**

1<sup>st</sup> Course \_\_\_\_\_ 2<sup>nd</sup> Course \_\_\_\_\_

3<sup>rd</sup> Course \_\_\_\_\_ 4<sup>th</sup> Course \_\_\_\_\_

**Alternate** (if closed out of one choice) \_\_\_\_\_

Membership Dues (*ONLY* if not a current member): \$50.00 \$ \_\_\_\_\_

Total number of courses \_\_\_\_\_ x \$30.00 \_\_\_\_\_

Contribution to LLI Scholarship Endowment \_\_\_\_\_

Contribution to NCC Foundation General Fund \_\_\_\_\_

**Total \$ \_\_\_\_\_**

***Make checks payable to  
Lifetime Learners Institute***

I would prefer to receive future catalogs **only** via Email (earlier than US mail)



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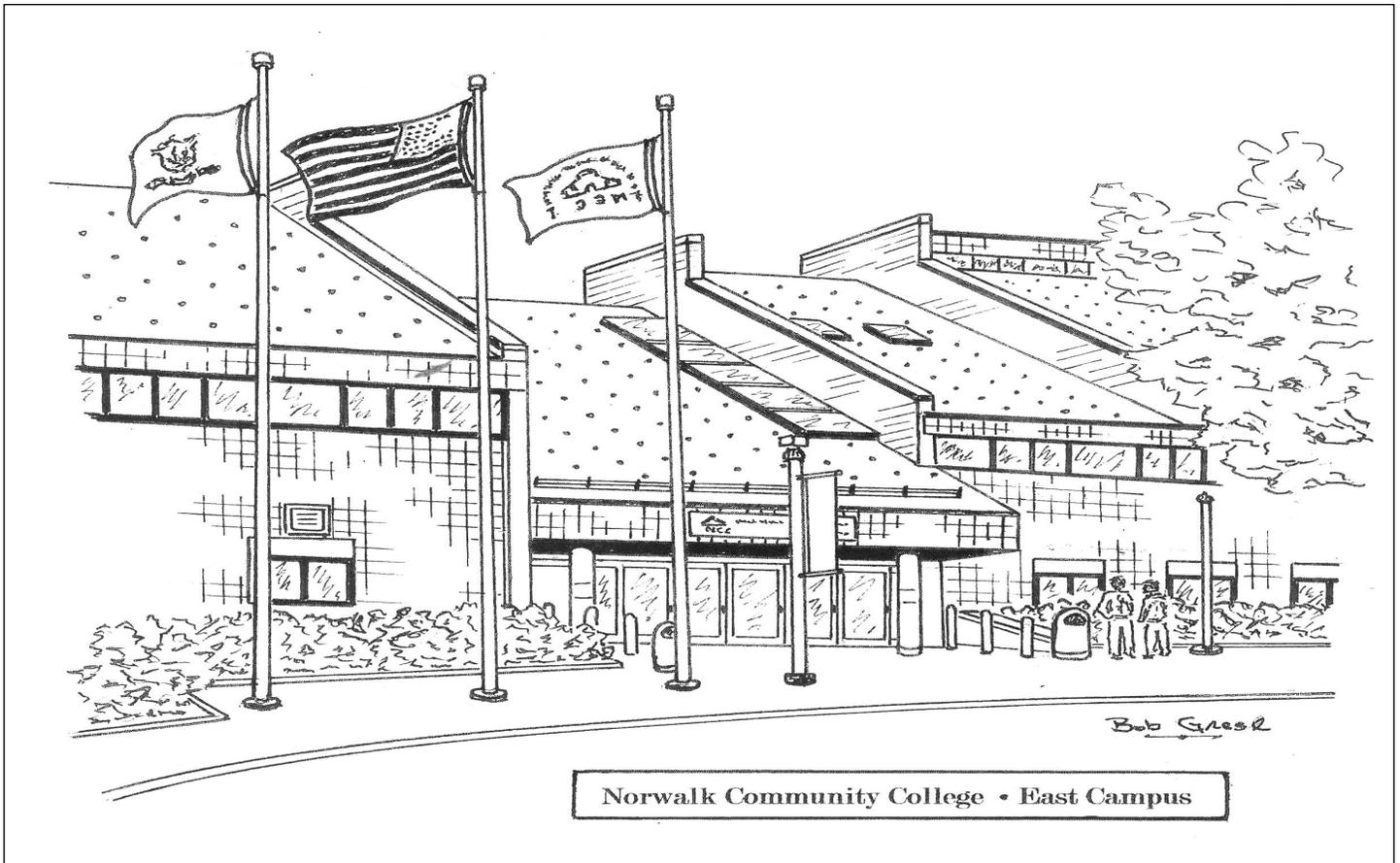
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## THANKS TO NCC

Thanks to NCC, Lifetime Learners Institute has a home. Ever since its beginnings, LLI has been a welcomed part of NCC—we have an office, classrooms to use, many services, use of the NCC library, use of its fitness center and the wonderful feeling of being part of a vibrant institution of learning. Even during these difficult times with increased enrollment and construction projects, NCC continues to accommodate our needs. To express our gratitude, in 1995 the LLI Scholarship Endowment Fund was established within the NCC Foundation. At that time, LLI committed to contributing \$1,000 annually to the Fund. We have far exceeded our commitment and hope to continue to do so. Contributions, big and small, by LLI members have resulted in earnings that provide scholarships to NCC students from our Fund, now grown to over \$300,000.

When you submit your Membership & Enrollment Form, please include a donation to the LLI Scholarship Endowment. It is supremely fitting that our organization, devoted to lifetime learning, reflect our values and help the students of NCC.

*Your contribution may be tax deductible and may be eligible for corporate matching funds from your present or former employer.*